

H O S T E T T E R
ILLUSTRATED
UNITED STATES
ALMANAC
1899.



**FOR MERCHANTS, MECHANICS, MINERS,
FARMERS, PLANTERS,
AND
GENERAL FAMILY USE.**

Carefully calculated for such Meridians and Latitudes as are best suited for a Universal
Calendar for the United States.

**PUBLISHED BY
THE HOSTETTER COMPANY,
PITTSBURGH, PA.**

THE COUNTERFEITERS BAFFLED.

BEWARE OF "LOCAL BITTERS."

EVERYTHING of sterling value is counterfeited, from a current coin to a corrective compound; and in a moral point of view, the man who seeks to substitute a worthless or deleterious preparation for a good medicine, deserves at least as heavy a punishment as he who forges a bill of exchange, or puts spurious money in circulation. Acting upon this sound principle, to shield from unscrupulous impostors those who are least able to protect themselves, as well as to guard those who have built up, by industry and integrity, a lucrative business in standard articles of any character, Congress enacted laws to punish the counterfeiting of Trade Mark Goods, and the sale of or dealing in of the same. They properly denounced as a flagrant crime the counterfeiting of such trade marks, by attaching a rigorous penalty, including in the scope of its operation those who, with intent to defraud, deal in or sell, or keep or offer for sale, or cause or procure the sale of any goods, knowing the same to be counterfeit.

This law has received the sanction of repeated judicial confirmations, and now stands as a solemn warning to those whose cupidity would tempt them to palm off on the public base imitations of Hostetter's Stomach Bitters. The proprietors have often successfully availed themselves of the provisions of this righteous enactment, to bring to punishment any one detected in this nefarious practice, as the records of the United States Courts in several of the larger cities of the Union abundantly verify.

Now that the counterfeiters are held at bay, *Hostetter's Stomach Bitters* has another list of cormorants to contend with—in a certain class of local dealers, who get up a variety of nostrums, which they COAX their customers to buy. When one of these gentry is asked for Hostetter's Stomach Bitters, he shakes his head with an oracular air, and assures the inquirer that he has a "new bitter," far superior to that famous restorative! However cheap the stuff may be—avoid it. It is not economy to buy a worthless article at any price, or even to receive it as a gift.

In order that all may be able to distinguish the authentic article, particular and universal attention is requested to the following

TESTS OF GENUINENESS:

Blown in the bottle is the name of the preparation (Dr. J. Hostetter's Stomach Bitters). On one side of the bottle is a fine steel plate label, on which St. George and the Dragon figure as a vignette, and at its foot is a miniature note of hand, with engraved *fac-simile* of the signature of the President of our Company. The directions for use, in bronze letters on a dark ground, are on the opposite side. A metallic cap, stamped with a medallion head and the name of the article, envelopes the cork. The Bitters is put up ONLY IN GLASS, and sold by the bottle or case. The monogram of the Company, thus  is burnt on the top of the cork of each bottle, which is a protection against tampering with or refilling the bottle.

Hostetter's United States Almanac

For the Year

1 | 8 | 9 | 9

Calculated for

BOSTON, PITTSBURGH AND NEW ORLEANS.

TRUE PRINCIPLE OF MEDICATION.

VIGOROUS vitality is the best defence against disease. Disease is simply a struggle between the LIFE-POWER and the invisible enemies that assail it; and the result depends upon the relative strength of the antagonistic principles. In proportion to the vigor and energy of the physique and the constitution, is their capacity to resist and fight off the morbid influences which produce sickness. It is a well known fact that active poisons affect in different degrees the weak and the strong. The dose of opium or of arsenic that will suffice to kill a child will scarcely sicken a stalwart man. It is the same with the aerial poisons which produce epidemic and endemic fevers, dysenteries, fluxes and the like. Their effect upon the system depends upon its power of resistance. Augment, therefore, this resistant power, if you would escape these evils. The tonic agent to effect this object has been provided in *Hostetter's Stomach Bitters*, a vegetable invigorant of varied and surpassing potency. Fortify the body, increase the vital strength of every organ with this great herbal invigorant. Remember that it strengthens without unduly exciting the animal system, and its effects are permanent in the restoration of health.



In certain seasons of the year, when the appetite is sometimes too vigorous for the comfort and safety of the stomach, indigestion is most prevalent and most distressing. Is the appetite to be balked to accommodate the digestive organs? Not so: for then the frame would lack its due proportion of nutriment. The thing to be done is to strengthen the stomach, tone the liver, and put the bowels in perfect order. Nothing will do this so effectually, so rapidly as *HOSTETTER'S STOMACH BITTERS*.

This potent preparation trims and balances the system, and clothes it, as it were, with defensive armor. Chronic dyspepsia, liver complaint, and fever and ague are never known to attack those who are wise enough to invoke its aid.

Reader, if the aspect of the weather was uncertain, you would not be foolish enough to venture out without an overcoat or umbrella. Have the forecast, therefore, to strengthen an enfeebled system with this supreme vitalizer, and so shall you surely escape the diseases which almost insensibly fasten themselves upon the human physique. "Suffer and be strong," says the proverb; but "Be strong that you may NOT suffer," is the wiser, and of all strengthening preparations this is the safest and surest.

HOSTETTER'S ALMANAC, 1899.

THE TWELVE SIGNS OF THE ZODIAC

RAM. ARCT. THE HEAD.

TAURUS.
Bos.
OSCELOTT.



GEMINI.
Geo.
SHEPHERD.



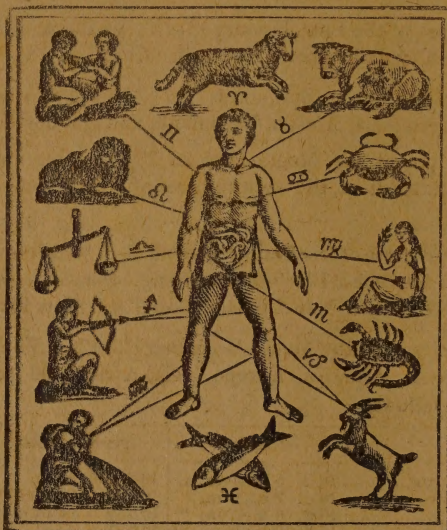
CANCER.
Cancer.
CRAB.



LEO.
Leo.
LION.



VIRGO.
Virgo.
MAY.



LIBRA.
Libra.
SHEPHERD.



SCORPIO.
Scorpio.
LION.



SAGITTARIUS.
Sagittarius.
MAY.



CAPRICORN.
Capricorn.
LION.



AQUARIUS.
Aquarius.
LION.



PISCES. FISHES. THE FEET.

CHRONOLOGICAL CYCLES.

Dominical Letter,.....	A.	Solar Cycle,.....	4
Epoct,	18	Roman Indiction,.....	12
Lunar Cycle, or Golden Number,.....	19	Julian Period,.....	6612

FIXED AND MOVABLE FESTIVALS.

Epiphany,.....	Jan. 6	Rogation Sunday,.....	May 7
Septuagesima Sunday,.....	" 29	Ascension Day,.....	" 11
Quinquagesima—Shrove Sund.,.....	Feb. 12	Pentecost—Whit Sunday,.....	" 21
Ash Wednesday,.....	" 15	Trinity Sunday,.....	" 28
First Sunday in Lent,.....	" 19	Corpus Christi,.....	June 1
St. Patrick's Day,.....	Mar. 17	First Sunday in Advent,.....	Dec. 3
Palm Sunday,.....	" 26	Christmas Day,.....	" 25
Good Friday,.....	" 31		
Easter Sunday,.....	Apr. 2		
Low Sunday,.....	" 9		

Ember Days.

Feb. 22, 24, 25;	Sept. 20, 22, 23;
May 24, 26, 27;	Dec. 20, 22, 23.

ECLIPSES FOR THE YEAR 1899.

In the year 1899 there will be FIVE Eclipses—three of the Sun and two of the Moon:

- I.—A Partial Eclipse of the Sun, January 11–12. Visible to Alaska, Kamtschatka, northern Japan, and the northern Pacific Ocean.
 - II.—A Partial Eclipse of the Sun, June 7–8. Visible to western and northern Europe, northern Asia, Alaska, Greenland, and the north Polar Sea.
 - III.—A Total Eclipse of the Moon, June 22–23. Visible more or less to Asia, Australia, eastern Africa, the western coast of North America, and the Pacific Ocean.
 - IV.—An Annular Eclipse of the Sun, December 2–3. Visible generally as a Partial Eclipse to the South Pole and adjoining oceans, as also to the south-western corner of Australia, Van Dieman's Land and New Zealand.
 - V.—A Partial Eclipse of the Moon, December 16–17. Visible more or less to North and South America, Europe, Asia, Africa, and the Atlantic Ocean.
- Occurring as follows:

	BOSTON.	PITTSBURGH.	NEW ORLEANS.
Moon enters Penumbra,.....	16 d. 5 h. 49 m. A.	16 d. 5 h. 13 m. A.	16 d. 4 h. 33 m. A.
Moon enters Shadow,.....	16 d. 7 h. 1 m. "	16 d. 6 h. 25 m. "	16 d. 5 h. 45 m. "
Middle of Eclipse,.....	16 d. 8 h. 42 m. "	16 d. 8 h. 6 m. "	16 d. 7 h. 26 m. "
Moon leaves Shadow,.....	16 d. 10 h. 23 m. "	16 d. 9 h. 47 m. "	16 d. 9 h. 7 m. "
Moon leaves Penumbra,.....	16 d. 11 h. 35 m. "	16 d. 10 h. 59 m. "	16 d. 10 h. 19 m. "

Magnitude of Eclipse = 0.996.

(Moon's diameter = 1.)

THE SEASONS. (Pittsburgh Time.)

Vernal Equinox,.....	Spring begins,.....	March	20 d. 2 h. 25 m. P. M.
Summer Solstice,.....	Summer "	June	21 d. 10 h. 25 m. A. M.
Autumnal Equinox, ...	Autumn " ..	Septemb.	23 d. 1 h. 10 m. A. M.
Winter Solstice,.....	Winter "	Decemb.	21 d. 7 h. 36 m. P. M.

MORNING AND EVENING STARS, 1899.

Mercury will be Morning Star about January 11, May 9, September 5, and December 25; and Evening Star about March 24, July 22, and November 16.

Venus will be Morning Star till September 15; and then Evening Star the rest of the year.

Jupiter will be Morning Star till April 25; then Evening Star till November 12; and then Morning Star again the rest of the year.



MOON'S PHASES.				BOSTON.			PITTSBURGH.			NEW ORLEANS.			
				D. H. M.			D. H. M.			D. H. M.			
6	LAST QUARTER,.....			4 10 37 Eve.			4 10 1 Eve.			4 9 21 Eve.			
6	NEW MOON,.....			11 6 5 "			11 5 29 "			11 4 49 "			
3	FIRST QUARTER,.....			18 11 52 Mor.			18 11 16 Mor.			18 10 36 Mor.			
6	FULL MOON,.....			26 2 50 Eve.			26 2 14 Eve.			26 1 34 Eve.			
Days.		HISTORICAL EVENTS.		Mon's Con.	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon
Month.	Week.			Slow.	rises.	sets.	rises.	rises.	sets.	rises.	rises.	sets.	rises.
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
(1.) SUNDAY AFTER CHRISTMAS.				Matt. 1.			Day's Length, (Pitts.) 9 h. 19 m.						
1	S	Austin, poet laureate, '96	CC	3 53	7 30	4 38	9 24	7 24	4 43	9 26	6 56	5 12	9 34
2	Mo	Jameson defeated, 1896	CC	4 21	7 30	4 39	10 25	7 24	4 44	10 26	6 56	5 13	10 26
3	Tu	Gen. Mercer killed, 1777	CC	4 49	7 30	4 40	11 27	7 25	4 45	11 27	6 57	5 13	11 21
4	We	Utah admitted, 1896	CC	5 16	7 30	4 40	MOR	7 25	4 46	MOR	6 57	5 14	MOR
5	Th	Emma Abbott died, 1891	CC	5 43	7 30	4 42	0 31	7 25	4 47	0 29	6 57	5 14	0 20
6	Fri	Santa Ana president, '53	CC	6 10	7 30	4 43	1 39	7 25	4 48	1 36	6 57	5 15	1 19
7	Sa	J. Fisk assassinated, 1872	CC	6 36	7 30	4 44	2 50	7 24	4 49	2 46	6 57	5 16	2 23
(2.) 1st SUNDAY AFTER EPIPHANY.				Luke 2.			Day's Length, (Pitts.) 9 h. 26 m.						
8	S	Eli Whitney died, 1825	CC	7 1	7 29	4 45	4 2	7 24	4 50	3 57	6 57	5 17	3 28
9	Mo	Mississippi seceded, 1861	CC	7 26	7 29	4 46	5 11	7 24	4 51	5 5	6 57	5 18	4 34
10	Tu	Dr. Dollinger died, 1890	CC	7 51	7 29	4 47	6 13	7 24	4 52	6 8	6 57	5 19	5 37
11	We	Tom Thumb born, 1832	CC	8 15	7 28	4 48	SETS	7 24	4 53	SETS	6 57	5 19	SETS
12	Th	Stanton sec. of war, 1862	CC	8 38	7 28	4 49	6 5	7 23	4 54	6 10	6 57	5 20	6 31
13	Fri	St. Hilary died, 367	CC	9 1	7 28	4 50	7 24	7 23	4 55	7 27	6 57	5 21	7 41
14	Sa	Orsini conspiracy, 1858	CC	9 23	7 27	4 51	8 41	7 23	4 56	8 43	6 57	5 22	8 50
(3.) 2d SUNDAY AFTER EPIPHANY.				John 2.			Day's Length, (Pitts.) 9 h. 35 m.						
15	S	Brit. Museum open, 1759	CC	9 44	7 27	4 52	9 54	7 22	4 57	9 55	6 57	5 23	9 54
16	Mo	Charles V. abdicate, 1556	CC	10 5	7 27	4 53	11 5	7 22	4 58	11 4	6 57	5 24	10 56
17	Tu	George Baucroft d., 1891	CC	10 25	7 26	4 55	MOR	7 21	5 0	MOR	6 57	5 25	11 57
18	We	Lord Lytton died, 1873	CC	10 44	7 25	4 56	0 14	7 21	5 1	0 12	6 56	5 25	MOR
19	Th	Bishop Haygood d., 1896	CC	11 2	7 25	4 57	1 21	7 20	5 2	1 17	6 56	5 26	0 57
20	Fri	England ackn. U. S., 1783	CC	11 20	7 24	4 58	2 26	7 19	5 3	2 21	6 56	5 27	1 56
21	Sa	Henry VI. born, 1456	CC	11 37	7 24	5 0	3 28	7 19	5 4	3 23	6 55	5 28	2 53
(4.) 3d SUNDAY AFTER EPIPHANY.				Matt. 8.			Day's Length, (Pitts.) 9 h. 48 m.						
22	S	Battle River Raisin, 1813	CC	11 53	7 23	5 1	4 24	7 18	5 6	4 18	6 55	5 29	3 47
23	Mo	The Triple Alliance, 1668	CC	12 9	7 22	5 2	5 13	7 17	5 7	5 7	6 55	5 29	4 37
24	Tu	Swedenborg born, 1688	CC	12 23	7 21	5 3	5 56	7 17	5 8	5 51	6 54	5 30	5 22
25	We	Earthquake in Europe, '38	CC	12 37	7 21	5 5	6 32	7 16	5 9	6 28	6 54	5 31	6 2
26	Th	Royal Acad. chart'd, 1765	CC	12 50	7 20	5 6	RIS.	7 15	5 10	RIS.	6 54	5 32	RIS.
27	Fri	Panama R. R. open, 1855	CC	13 2	7 19	5 7	6 16	7 15	5 12	6 20	6 53	5 33	6 35
28	Sa	Wm. H. Prescott d., 1859	CC	13 13	7 18	5 8	7 16	7 14	5 13	7 19	6 53	5 34	7 28
(5.) SEPTUAGESIMA SUNDAY.				Matt. 20.			Day's Length, (Pitts.) 10 h. 1 m.						
29	S	Napoleon III. mar., 1853	CC	13 24	7 17	5 10	8 18	7 13	5 14	8 19	6 52	5 35	8 23
30	Mo	Chas. Rollin born, 1661	CC	13 33	7 16	5 12	9 20	7 12	5 15	9 20	6 52	5 36	9 17
31	Tu	Str. Metropolis lost, 1878	CC	13 42	7 15	5 13	10 23	7 11	5 16	10 22	6 51	5 37	10 12

AND still the reaper keeps his track—
Nor pauseth he, nor turneth back;
The yellow stalk, the shooting leaf,

Are daily laid to make the sheaf;
And death, relentless, will not wait
For mortal man or mighty state.

REMEDY WEAKNESS AND DISEASE

WITH

HOSTETTER'S STOMACH BITTERS,

THE

NATIONAL TONIC AND ALTERATIVE.

DISEASE most frequently originates in a want of vital power in the system, leading to a partial suspension of those bodily functions upon the active discharge of which health depends.

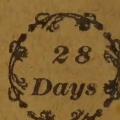
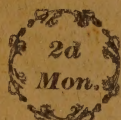
Now if this is true—as it undoubtedly is—it naturally follows that the best preventive of disease is a medicine which vitalizes the system. *Hostetter's Stomach Bitters* is such a medicine—proved to be so by the best kind of evidence, namely, the testimony of those who have taken it, and the recommendation of physicians. But this is only half its excellence. Besides fortifying the system against disease, it is a searching remedy, and widely comprehensive in its action, a fact which there is the amplest testimony to substantiate by the willing and grateful experience of those whom it has relieved.

Fever and ague, and other disorders of a malarial type, are annihilated as well as prevented by it; it eradicates dyspepsia, constipation, liver complaint, nervous ailments, affections of the bladder and kidneys, and counteracts a tendency to rheumatism and gout. It is a genial antidote to despondency, a superb appetizer, and is highly conducive to health-yielding repose.

A want of vitality is due to the impoverishment of the blood through incomplete digestion and assimilation. *HOSTETTER'S STOMACH BITTERS* is peculiarly adapted to remedy, and does remedy, poverty of the vital current by stimulating the digestive and assimilative organs to vigorous and regular action, and the cause of *ATONY*, or want of vigor, being thus overcome, the system is supplied with an improved and quickened circulation, which gives an impulse to the actions of its various organs, and which speedily relieves any morbid tendencies in them to become diseased, and so gently and naturally accomplished as to occasion no inconvenience to the sufferer who invokes its aid.

HOSTETTER'S STOMACH BITTERS is of botanic derivation. Its remedial elements comprise some of the most efficacious vegetable juices known to medical botany, harmoniously combined by careful scientific processes, with a purified spirituous basis, pronounced by competent analysis free from those hurtful contaminations often found in the fiery unmedicated spirits of commerce.

The standard article we have described has been a popular medicine for over forty-five years, and is known and



MOON'S PHASES.				BOSTON.				PITTSBURGH.				NEW ORLEANS.					
				D. H. M.				D. H. M.				D. H. M.					
① LAST QUARTER,.....				3 0 40 Eve.				3 0 4 Eve.				3 11 24 Mor.					
② NEW MOON,.....				10 4 47 Mor.				10 4 11 Mor.				10 3 31 "					
③ FIRST QUARTER,.....				17 4 8 "				17 3 32 "				17 2 52 "					
④ FULL MOON,.....				25 9 32 "				25 8 56 "				25 8 16 "					
Days.				Sun	Sun	Moon		Sun	Sun	Moon		Sun	Sun	Moon			
Month.	Week.	HISTORICAL EVENTS.		Slow.	rises.	sets.	rises.	rises.	sets.	rises.	sets.	rises.	sets.	rises.	sets.		
			Mo'n's Con.	M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.		
1	We	Texas seceded, 1861	☾	13	50	7	14	5	14	11	28	7	10	5	18	11	10
2	Th	Wend. Phillips d., 1884	☾	13	57	7	13	5	15	MOR		7	9	5	19	MOR	
3	Fri	Peace conference, 1865	☾	14	4	7	12	5	17	0	35	7	8	5	20	0	31
4	Sa	Robert Blair died, 1746	☾	14	10	7	11	5	18	1	43	7	7	5	21	1	38
(6.) SEXAGESIMA SUNDAY.				Luke 8.				Day's Length, (Pitts.) 10 h. 16 m.									
5	S	Napoleon I. born, 1768	☾	14	14	7	10	5	19	2	51	7	6	5	22	2	46
6	Mo	Charles II. died, 1685	☾	14	19	7	9	5	20	3	58	7	5	5	24	3	49
7	Tu	Pope Pius IX. died, 1878	☾	14	22	7	8	5	22	4	52	7	4	5	25	4	47
8	We	Peter the Great d., 1825	☾	14	24	7	7	5	23	5	40	7	3	5	26	5	36
9	Th	Confed. congress met, '61	☾	14	26	7	6	5	25	6	19	7	2	5	27	6	16
10	Fri	David Brewster d., 1863	☾	14	27	7	4	5	26	SETS		7	1	5	28	SETS	
11	Sa	Amadeus I. abdicates, '73	☾	14	27	7	2	5	27	7	27	6	59	5	30	7	28
(7.) QUINQUAGESIMA—SHEVE SUNDAY.				Luke 13.				Day's Length, (Pitts.) 10 h. 33 m.									
12	S	First public school, 1689	☾	14	27	7	1	5	28	8	43	6	58	5	31	8	43
13	Mo	Hastings impeached 1788	☾	14	25	7	0	5	30	9	56	6	57	5	32	9	54
14	Tu	St. Valentine's day.	☾	14	23	6	59	5	31	11	6	6	56	5	33	11	3
15	We	Lilioukalani pardon, '96	☾	14	20	6	58	5	32	MOR		6	54	5	34	MOR	
16	Th	Silver bill passed, 1878	☾	14	17	6	56	5	33	0	13	6	53	5	36	0	9
17	Fri	Angelo died, 1564	☾	14	12	6	55	5	35	1	17	6	51	5	37	1	12
18	Sa	Duke of Guise shot, 1563	☾	14	7	6	53	5	36	2	16	6	50	5	38	2	11
(8.) 1st SUNDAY IN LENT.				Matt. 4.				Day's Length, (Pitts.) 10 h. 50 m.									
19	S	Battle of Grochow, 1831	☾	14	1	6	52	5	37	3	8	6	49	5	39	3	2
20	Mo	Saragossa surrenders, '09	☾	13	55	6	50	5	38	3	53	6	47	5	40	3	48
21	Tu	Earthq. at Corinth, 1858	☾	13	48	6	49	5	39	4	32	6	46	5	41	4	27
22	We	Bill Nye died, 1896	☾	13	40	6	47	5	41	5	5	6	44	5	42	5	1
23	Th	Frigate Peacock tak., '13	☾	13	32	6	46	5	42	5	33	6	43	5	44	5	30
24	Fri	Gutenberg died, 1468	☾	13	23	6	44	5	43	5	58	6	42	5	45	5	57
25	Sa	Hurric. at Barbadoes, '29	☾	13	13	6	43	5	45	RIS.		6	40	5	46	RIS.	
(9.) 2d SUNDAY IN LENT.				Matt. 15.				Day's Length, (Pitts.) 11 h. 9 m.									
26	S	Napoleon escaped, 1815	☾	13	3	6	41	5	46	7	12	6	39	5	48	7	13
27	Mo	Battle of Tarquin, 1829	☾	12	52	6	39	5	47	8	16	6	37	5	49	8	15
28	Tu	Silver bill veto lost, 1873	☾	12	41	6	38	5	48	9	21	6	36	5	50	9	19

TO DRILL HOLES IN GLASS.—Holes can be easily drilled in glass with an ordinary drill, if the spot is moistened with a few drops of a mixture composed of 25 parts of oxalic acid in 12 parts of turpentine. Keep tightly corked.

PROTECT THE BACK.—Dr. Snively says: The portion of the body which most requires protection against cold and wind, is that between the shoulder blades behind, as it is at this point the lungs are attached to the body, and the blood is easily chilled.

sold over the length and breadth of this continent, as well as largely in South and Central America, Mexico, the West Indies and Australia: It is more than questionable whether any medicine of its class ever acquired such widespread popularity—a popularity which neither imitation nor competition has ever been able to undermine.

To the traveler in unhealthy latitudes it is a most desirable safeguard, and it is no less so to the emigrant about to repair to a region periodically visited by malarial fevers, from which it will assuredly protect him. In fact, to all suffering from any derangement of the stomach, liver or bowels, this medicine will afford the much coveted relief.

HYGIENIC PRECEPTS.

The late distinguished surgeon, Frank H. Hamilton, M. D., is credited with the formulation of the following decalogue:

1. The best thing for the insides of a man is the outside of a horse.
2. Blessed is he who invented sleep; but thrice blessed the man who will invent a cure for thinking.
3. Light gives a bronzed or tan color to the skin; but where it uproots the lily it plants the rose.
4. The lives of most men are in their own hands, and as a rule, the just verdict after death would be—*felo de se*.
5. Health must be earned—it can seldom be bought.
6. A change of air is less valuable than a change of scene. The air is changed every time the wind is changed.
7. Mould and decaying vegetables in the cellar weave shrouds for the upper chambers.
8. Dirt, debauchery, disease and death are successive links in the same chain.
9. Calisthenics may be very genteel, and romping very ungenteel; but one is the shadow, the other the substance, of healthful exercise.
10. Girls need health as much—pay, more than boys. They can only obtain it as boys do, by running, tumbling—by all sorts of innocent vagrancy. At least once a day girls should have their halters taken off, the bars let down, and be turned loose like young colts.

A VALUABLE REMINDER.—A small church was sadly in need of general repairs, and a meeting was being held in it with a view to raising funds for that purpose. The minister having said \$500 would be required, a very wealthy (and equally stingy) member of the congregation rose and said he would give one dollar. Just as he sat down, however, a lump of plaster fell from the ceiling

and hit him on the head, whereupon he rose up hastily and called out that he had made a mistake; he would give \$50. This was too much for an enthusiast present, who, forgetful of everything, called out fervently, "Oh, Lord, hit him again!"

MENTAL GEOGRAPHY.—The most populous country is Oblivion; many go there, few return.

The largest river is Time.

The deepest ocean is Death.

The region where no living thing hath habitation is called Yesterday.

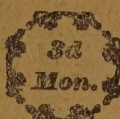
The most highly civilized country is To-day.

The highest mountain is called Success. Few reach the top save those who watch sharply for the passing of the spirit of the mountain, Opportunity, who carries upward all those who seize hold on him.

The region where no man hath ever set foot is called To-morrow.

THE SUNLIGHT OF VIRTUE.—John Ruskin says: "You will find it less easy to uproot faults than to choke them by gaining virtue. Do not think of your faults, still less of others' faults; in every person who comes near you, look for what is good and strong; honor that, rejoice in it, and, as you can, try to imitate it, and your faults will drop off like dead leaves when their time comes."

CATCHING COLD.—Do not forget that the person who "catches cold" is the one who does not provide for an adequate combustion within his body, but relies upon heat from without, from the stove or the furnace, to maintain his temperature. The person who does not "catch cold" is the one who keeps a vigorous flame burning within, not by the use of stimulants, but by insuring to his body a plentiful supply of oxygen, which is the great supporter of combustion.



MOON'S PHASES.				BOSTON.			PITTSBURGH.			NEW ORLEANS.		
				D.	H.	M.	D.	H.	M.	D.	H.	M.
1	LAST QUARTER,			4	11	22 Eve.	4	10	46 Eve.	4	10	6 Eve.
2	NEW MOON,			11	3	9 "	11	2	33 "	11	1	53 "
3	FIRST QUARTER,			18	10	40 "	18	10	4 "	18	9	24 "
4	FULL MOON,			27	1	34 Mor.	27	0	58 Mor.	27	0	18 Mor.
Days.			Mon's Con.	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon
				Slow.	rises.	sets.	rises.	sets.	rises.	rises.	sets.	rises.
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	We	Texas admitted, 1845	MR	12 29	6 36	5 50	10 27	6 34	5 51	10 24	6 27	5 59
2	Th	Nicholas I. died, 1855	MR	12 17	6 35	5 51	11 34	6 33	5 52	11 30	6 26	5 58
3	Fri	Alabama admitted, 1819	MR	12 4	6 33	5 52	MOR	6 31	5 54	MOR	6 24	5 57
4	Sa	Chicago chartered, 1837	MR	11 51	6 32	5 53	0 41	6 30	5 55	0 36	6 23	5 56
(59.) 3d SUNDAY IN LENT.				Luke 11.			Day's Length, (Pitts.) 11 h. 23 m.					
5	S	Anton Mesmer died, 1815	MR	11 37	6 30	5 54	1 45	6 28	5 56	1 39	6 22	5 59
6	Mo	The Peterhoff sunk, 1864	MR	11 23	6 28	5 56	2 42	6 26	5 57	2 37	6 21	5 58
7	Tu	Battle of Pea Ridge, 1862	MR	11 9	6 27	5 57	3 21	6 25	5 58	3 26	6 20	5 59
8	We	Treaty with Japan, 1854	MR	10 54	6 25	5 58	4 13	6 23	5 59	4 9	6 19	5 59
9	Th	Str. Sphinx wrecked, '78	MR	10 39	6 23	5 59	4 49	6 22	6 0	4 47	6 17	5 59
10	Fri	First English R. R., 1850	MR	10 23	6 21	6 0	5 20	6 20	6 1	5 19	6 16	5 59
11	Sa	Philadelphia incor., 1789	MR	10 7	6 19	6 1	SETS	6 18	6 2	SETS	6 15	6 0
(11.) 4th SUNDAY IN LENT.				John 6.			Day's Length, (Pitts.) 11 h. 46 m.					
12	S	Bishop Berkeley b., 1684	MR	9 51	6 18	6 3	7 29	6 17	6 3	7 28	6 14	6 0
13	Mo	Battle Alexandria, 1801	MR	9 35	6 16	6 4	8 42	6 15	6 4	8 40	6 13	6 0
14	Tu	Sound dues abolished '57	MR	9 18	6 15	6 5	9 53	6 14	6 5	9 49	6 12	6 0
15	We	Bruce crowned, 1306	MR	9 1	6 13	6 6	11 1	6 12	6 6	10 56	6 10	6 0
16	Th	Jas. Madison born, 1751	MR	8 44	6 11	6 7	MOR	6 10	6 7	11 59	6 9	6 0
17	Fri	Bismarck resigns, 1890	MR	8 27	6 9	6 9	0 4	6 8	6 8	MOR	6 8	6 0
18	Sa	Riot in Toronto, 1873	MR	8 9	6 8	6 10	1 0	6 7	6 10	0 55	6 7	6 0
(12.) 5th SUNDAY IN LENT.				John 8.			Day's Length, (Pitts.) 12 h. 6 m.					
19	S	Charles IV. abdicates, '08	MR	7 51	6 6	6 11	1 49	6 5	6 11	1 44	6 6	6 11
20	Mo	Naples capitulates, 1821	MR	7 33	6 4	6 12	2 30	6 3	6 12	2 25	6 5	6 11
21	Tu	Botany Bay settled, 1787	MR	7 15	6 2	6 13	3 5	6 1	6 13	3 1	6 2	6 12
22	We	Stamp Act passed, 1765	MR	6 57	6 1	6 14	3 35	6 0	6 14	3 32	6 2	6 13
23	Th	Thomas Hughes d., 1896	MR	6 39	5 59	6 15	4 2	5 58	6 15	4 0	6 1	6 13
24	Fri	Astoria, Or., settled, 1810	MR	6 20	5 57	6 16	4 26	5 57	6 16	4 25	6 0	6 14
25	Sa	Fire in London, 1748	MR	6 2	5 55	6 18	4 49	5 55	6 17	4 43	5 58	6 14
(13.) PALM SUNDAY.				Matt. 27.			Day's Length, (Pitts.) 12 h. 35 m.					
26	S	Gov. Winthrop d., 1640	MR	5 43	5 54	6 19	5 12	5 53	6 18	5 14	5 57	6 15
27	Mo	Cyclone in Louisville, '90	MR	5 25	5 52	6 20	RIS.	5 52	6 19	RIS.	5 55	6 16
28	Tu	Planet Pallas discov., '02	MR	5 6	5 50	6 21	8 16	5 50	6 20	8 13	5 54	6 16
29	We	Mob. at Cincinnati, 1884	MR	4 48	5 48	6 22	9 25	5 49	6 21	9 21	5 53	6 17
30	Th	Earthquake in Peru, '28	MR	4 30	5 47	6 23	10 33	5 47	6 22	10 28	5 52	6 17
31	Fri	Charlotte Bronte d., 1855	MR	4 11	5 45	6 24	11 38	5 45	6 23	11 33	5 51	6 18

BETWEEN the dark and the daylight,
When the night is beginning to lower,
Comes a pause in the day's occupations,
That is known as the Children's Hour.

For still in mutual suffering lies
The secret of true living;
Love scarce is love that never knows
The sweetness of forgiving.



A SERIOUS OBJECTION.

DENNIS.—“Faith, Pat, what cher doin’?”

PAT.—“Committin’ suicide.”

DENNIS.—“Why don’t yez put the rope around yer neck?”

PAT.—“Sure and I did, but I couldn’t get me breath.”

FROM REV. CHARLES J. BUDLONG, Ashaway,
R. I., December 2, 1896:

Dear Sirs—I have used your Hostetter's Stomach Bitters in my home during the past ten or twelve years, and have proved it to be of very great value for all stomach and blood troubles. Your medicine cured me of malaria after all other tried remedies and physicians had proved of no avail. I will gladly reply to any letters of inquiry about your Bitters, as I know your medicine is reliable.

THE STRENGTH OF ICE.—The British army rules are that 2 inches of ice will sustain a man or properly spaced infantry; 4 inch ice will carry a man on horseback, or cavalry, or light guns; 6 inch ice, heavy field guns, such as 80 pounders; 8 inch ice, a battery of artillery, with carriages and horses, but not over 1,000 pounds per square foot on sledges; and 10 inch ice sustains an army, or an innumerable multitude. On 15 inch ice railway

lines are often laid and used for months, and 2 foot thick ice withstood the impact of a loaded passenger carriage after a 60 foot fall (or, perhaps, 1,500 foot tons), but broke under that of the locomotive and tender (or, perhaps, 3,000 foot tons).

FROM J. F. GRAY, Ireland, Indiana, May
25, 1896:

Allow me to congratulate you on your fine discovery, Hostetter's Stomach Bitters; good seller and does what it claims to.

BATHS.—The ancient Romans preferred warm baths, while in Japan, where hot baths are the rule, rheumatism is almost an unknown disease. A cold bath is that in which the temperature of the water is from 30° to 60° F.; a cool bath is from 60° to 75° F.; a temperate bath from 75° to 85° F.; a tepid bath from 85° to 92° F.; a warm bath from 92° to 98° F.; and a hot bath from 98° to 112° F.



MOON'S PHASES.				BOSTON.				PITTSBURGH.				NEW ORLEANS.			
				D.	H.	M.		D.	H.	M.		D.	H.	M.	
①	LAST QUARTER,			3	7	11	Mor	3	6	35	Mor.	3	5	55	Mor.
②	NEW MOON,			10	1	37	"	10	1	1	"	10	0	21	"
③	FIRST QUARTER,			17	5	59	Eve.	17	5	23	Eve.	17	4	43	Eve.
④	FULL MOON,			25	2	38	"	25	2	2	"	25	1	22	"

Days.	HISTORICAL EVENTS.			Sun	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon
Month.	Week.		Mon's Con.	Slow.	rises.	sets.	rises.	rises.	sets.	rises.	rises.	sets.	rises.
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	Sa	William Harvey b., 1578	m	3 53	5 43	6 25	MOR	5 44	6 24	MOR	5 50	6 19	MOR

(14.) EASTER SUNDAY.

John 20.

Day's Length, (Pitts.) 12 h. 43 m.

2	S	Copenhagen capt., 1801	T	3 35	5 41	6 26	0 36	5 42	6 25	0 31	5 49	6 19	0 1
3	Mo	Goldsmith died, 1774	T	3 17	5 45	6 27	1 27	5 40	6 26	1 22	5 48	6 20	0 55
4	Tu	Napoleon I. abdicat. 1814	W	2 59	5 38	6 29	2 10	5 39	6 27	2 6	5 46	6 20	1 24
5	We	Nantucket plunder, 1779	W	2 42	5 36	6 30	2 47	5 37	6 28	2 44	5 45	6 21	2 28
6	Th	Benj. Harrison marr. '96	W	2 25	5 34	6 31	3 19	5 36	6 29	3 18	5 44	6 22	3 7
7	Fri	D'Arcy M'Gee shot, 1863	W	2 8	5 33	6 32	3 48	5 34	6 30	3 48	5 43	6 22	3 44
8	Sa	The seventh Crusade, 747	W	1 51	5 31	6 33	4 15	5 33	6 31	4 16	5 41	6 23	4 21

(15.) LOW SUNDAY.

John 20.

Day's Length, (Pitts.) 13 h. 1 m.

9	S	Dantzic inundated, 1829	X	1 34	5 30	6 34	4 42	5 31	6 32	4 45	5 40	6 23	4 56
10	Mo	Ft. Pulaski surrend. 1862	X	1 18	5 28	6 36	SETS	5 29	6 33	SETS	5 39	6 24	SETS
11	Tu	Charles Reade d., 1884	X	1 2	5 26	6 37	8 41	5 28	6 34	8 37	5 38	6 25	8 14
12	We	Henry Clay born, 1777	W	0 46	5 24	6 38	9 43	5 26	6 35	9 43	5 37	6 25	9 15
13	Th	S. J. Randall died, 1890	W	0 30	5 23	6 39	10 48	5 25	6 36	10 43	5 36	6 26	10 13
14	Fri	Battle of Barnett, 1471	W	0 15	5 21	6 40	11 40	5 23	6 37	11 35	5 35	6 26	11 5
15	Sa	Bering Sea treaty, 1896	W	0	Fast.	5 20	6 41	MOR	5 21	6 38	MOR	5 34	6 27

(16.) 2d SUNDAY AFTER EASTER.

John 10.

Day's Length, (Pitts.) 13 h. 19 m.

16	S	Battle of Culloden, 1746	W	0 14	5 18	6 42	0 24	5 20	6 39	0 19	5 32	6 28	MOR
17	Mo	Dr. Alexander b., 1772	W	0 28	5 16	6 43	1 1	5 18	6 41	0 57	5 31	6 28	0 33
18	Tu	Judge Jeffries died, 1689	W	0 42	5 15	6 44	1 33	5 17	6 42	1 30	5 30	6 29	1 11
19	We	Lord Byron died, 1824	W	0 56	5 13	6 45	2 2	5 15	6 43	2 0	5 29	6 29	1 45
20	Th	Bulwer-Clayton trea. 350	W	1 9	5 12	6 47	2 28	5 14	6 44	2 27	5 28	6 30	2 17
21	Fri	Baron Hirsch died, 1896	W	1 21	5 10	6 48	2 51	5 12	6 45	2 51	5 27	6 31	2 47
22	Sa	Missolonghi surren. 1826	W	1 33	5 8	6 49	3 14	5 11	6 46	3 15	5 26	6 31	3 18

(17.) 3d SUNDAY AFTER EASTER.

John 16.

Day's Length, (Pitts.) 13 h. 38 m.

23	S	Hastings acquitted, 1795	W	1 45	5 7	6 50	3 37	5 9	6 47	3 39	5 25	6 32	3 43
24	Mo	Maria Taglioni d., 1884	W	1 56	5 5	6 51	4 2	5 8	6 48	4 6	5 24	6 33	4 20
25	Tu	Jno. Franklin sails, 1818	W	2 7	5 4	6 52	RIS.	5 7	6 49	RIS.	5 23	6 33	RIS.
26	We	Gen. Butler at N. O. 1862	W	2 17	5 2	6 53	8 19	5 6	6 50	8 14	5 22	6 34	7 49
27	Th	Capture of York, 1813	W	2 27	5 1	6 54	9 27	5 4	6 51	9 22	5 22	6 34	8 53
28	Fri	Paris Commune, 1871	W	2 37	5 0	6 55	10 30	5 3	6 52	10 25	5 21	6 35	9 55
29	Sa	Louisiana purchased, '03	T	2 45	4 59	6 57	11 24	5 2	6 53	11 19	5 21	6 35	10 51

(18.) 4th SUNDAY AFTER EASTER.

John 16.

Day's Length, (Pitts.) 13 h. 53 m.

30	S	Louisiana ceded, 1803	T	2 53	4 57	6 58	MOR	5 1	6 54	MOR	5 20	6 36	11 42
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WHEN I am only fit to go to bed,
Or hobble out to sit within the sun,

Ring down the curtain say the play is done,
And the last petals of the poppy shed.

A REFRACTORY STOMACH.

THE best way to drill a refractory stomach into obedience, when it declines to digest food properly, is to discipline it with a systematic course of the finest of regulating tonics, *Hostetter's Stomach Bitters*, which will speedily cause it to resume its interrupted functions with regularity and vigor. The earlier this is done the better, as chronic dyspepsia is an obstinate customer to deal with, although the Bitters, if persisted in, will surely conquer it.

The great alimentary organ is much more easily deranged than regulated. Indiscretions in diet often seriously impair its tone, and alcoholic excesses do it still greater damage. These should, it is needless to say, be sedulously avoided. But from whatever cause its tone is impaired, Hostetter's Stomach Bitters is the most reliable means of bringing it into a healthful condition. That excellent promoter of digestion

and assimilation is a genuine blessing to the dyspeptic.

It is astonishing how variable, complex and deceptive are the symptoms of chronic dyspepsia. Among them are palpitation of the heart, which lead the sufferer to suppose he or she has an affection of that organ, vertigo, nervous tremors, sleeplessness, a tendency to yawn, nightmare, flatulence, heart-burn, hot flushes and many others. Unfortunately the malady disorders the whole system, inducing biliousness and constipation, favoring in persons of full habit, a rush of blood to the head, and fostering a tendency to nervousness and insomnia. It is also a prolific cause of leanness and want of vigor, both very undesirable conditions.

The Bitters overcome that weakness of the stomach, the chief cause of dyspepsia, and by gently stimulating its cellular tissue, causes a flow of the juices essential to the conversion of food into blood.

THE HOUSE WE LIVE IN.

This is the advice of the late Prof. J. M. Coates: "Think deliberately of the house you live in, your body; make up your mind firmly not to abuse it; eat nothing that will hurt it; wear nothing that distorts or pains it; do not overload it with victuals, or drink, or work; give yourself regular and abundant sleep; keep your body warmly clad. At the first signal of danger from the thousand enemies that surround you, defend yourself. Do not take cold; guard yourself against it; if you feel the first symptoms, give yourself heroic treatment; get into a fine glow of heat by exercise; take a vigorous walk or run, then guard against a sudden attack of perspiration. This is the only body you will ever have in this world. A large share of the pleasure and pain of life will come through the use you make of it. Study deeply and diligently the structure of it, the

laws that govern it, and the pains and penalties that will surely follow a violation of every law of life or health."

THIS is what laughter does for a woman: It keeps her heart young. It makes her like people for the sake of the pleasure they give her, and they in turn like her. It makes her step buoyant. It keeps her eyes bright. It keeps her face from wrinkling. It is a beautifier second to no other. It does for the muscles of the face what exercise does for those of the body—keeps them supple and prevents them from falling into those stiff and settled lines which mean old age.

The gratitude of the patient for the physician is well known. It is part of the disease. It comes on with the fever, it improves during convalescence, and is cured by return to health.

5th
Mon.

31
Days

MOON'S PHASES.

LAST QUARTER,
NEW MOON,
FIRST QUARTER,
FULL MOON,
LAST QUARTER,

BOSTON.

D.	H.	M.	
2	1	2	Eve.
9	0	54	"
17	0	29	"
25	1	5	Mor.
31	6	10	Eve.

PITTSBURGH.

D.	H.	M.	
2	0	26	Eve.
9	0	18	"
17	11	53	Mor.
25	0	29	"
31	5	34	Eve.

NEW ORLEANS.

D.	H.	M.	
2	11	46	Mor.
9	11	38	"
17	11	13	"
24	11	49	Eve.
31	4	54	"

Day.		Moon's Cos.	Sun	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon
Month.	Week.		Fast.	rises.	sets.	rises.	rises.	sets.	rises.	rises.	sets.	rises.
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	Mo	Vienna exposit. open, '73	3	1	4 56	6 59	0 9	4 59	6 55	0 5	5 18	6 37
2	Tu	Hudson's Bay Co. in. 1670	3	8	4 54	7 0	0 47	4 58	6 56	0 44	5 17	6 33
3	We	Bacon disgraced, 1626	3	15	4 53	7 1	1 20	4 56	6 57	1 18	5 16	6 38
4	Th	King of Saturn disc., 1634	3	21	4 51	7 2	1 49	4 55	6 58	1 49	5 15	6 39
5	Fri	Leopold I. died 1705	3	26	4 50	7 3	2 18	4 54	6 59	2 17	5 11	6 39
6	Sa	Battle of Prague, 1757	3	31	4 49	7 4	2 43	4 53	7 0	2 45	5 13	6 40

(19.) ROGATION SUNDAY.

John 15.

Day's Length, (Pitts.) 14 h. 9 m.

7	S	J. P. Benjamin d., 1884	3	35	4	48	7	6	3	12	4	52	7	1	3	16	5	12	6	41	3	30
8	Mo	Oakes Ames died, 1874	3	39	4	46	7	7	3	33	4	51	7	2	3	48	5	11	6	41	4	8
9	Tu	Stonewall Jackson d., '63	3	42	4	45	7	8	SETS		4	50	7	3	SETS	5	11	6	41	4	SETS	
10	We	Pensacola captured, 1871	3	45	4	44	7	9	8	33	4	49	7	4	8	28	5	10	6	43	7	55
11	Th	John Herschel died, 1878	3	47	4	43	7	10	9	50	4	48	7	5	9	25	5	9	6	43	8	59
12	Fri	Charleston surrend., 1780	3	48	4	42	7	11	10	18	4	46	7	6	10	13	5	8	6	44	9	24
13	Sa	Barneveldt execut'd 1619	3	49	4	41	7	12	11	19	4	45	7	7	10	53	5	8	6	45	10	49

(20.) SUNDAY AFTER ASCENSION.

John 15-16.

Day's Length, (Pitts.) 14 h. 24 m.

14	S	Minnesota admitted, '58	8	49	4	40	7	13	11	32	4	44	7	8	11	28	5	7	6	45	11	7
15	Mo	Earthq. Grenada, 1826	3	48	4	39	7	14	MOR	4	43	7	7	9	11	59	7	7	6	46	11	43
16	Tu	Battle of Albuera, 1811	2	49	4	38	7	15	0	2	4	42	7	10	MOR	5	7	6	47	11	MOR	
17	We	Grant sails to Europe '77	3	46	4	37	7	16	0	28	4	42	7	11	1	26	5	7	6	47	0	15
18	Th	Kate Field died, 1886	3	44	4	36	7	17	0	52	4	41	7	12	0	52	5	5	6	48	0	46
19	Fri	Peace with Mexico, 1848	3	42	4	35	7	18	1	15	4	40	7	13	1	16	5	4	6	48	1	15
20	Sa	Talleyrand died, 1838	3	39	4	34	7	19	1	38	4	39	7	14	1	40	5	4	6	49	1	44

(21) PENTECOST—WHIT SUNDAY.

John 14.

Day's Length, (Pitts.) 14 h. 37 m.

21	S	St. Helena discover.1502	mp	3 35	4 38	7 20	2 3	4 38	7 15	2 6	5 3	6 50	2 18
22	Mo	Malakoff taken, 1855	3	3 31	4 32	7 21	2 31	4 38	7 15	2 35	5 3	6 50	2 33
23	To	Rattokoff Rakines, 1706	3	3 27	4 31	7 22	3 3	4 37	7 16	3 9	5 3	6 51	2 32
24	We	Nicholas I. crowned, 1792	3	3 22	4 30	7 23	3 42	4 36	7 17	3 48	5 2	6 52	2 37
25	Th	R. W. Emerson b., 1803	3	3 16	4 30	7 24	RIS.	4 35	7 18	RIS.	5 1	6 52	4 15.
26	Fri	Czar Nicholas crown., 186	3	3 10	4 29	7 25	9 16	4 35	7 19	9 11	5 1	6 53	8 42
27	Sa	Cyclone at St. Louis, 1896	3	3 4	4 29	7 26	10 6	4 34	7 19	10 2	5 1	6 53	9 33

(22.) TRINITY SUNDAY.

John 3.

Day's Length. (Pitts.) 14 h. 55 m.

28	S	Treaty of Bucharest 1812	1	2 56	4 28	7 27	10 48	4 34	7 20	10 45	5 0	6 54	10 25
29	Mo	Constantinople cap., 1453	1	2 49	4 27	7 27	11 23	4 33	7 21	11 21	5 0	6 54	11 7
30	Tu	Disaster at Moscow, 1896	1	2 41	4 27	7 28	12 53	4 33	7 22	11 52	5 0	6 55	11 45
31	We	Battle St. Lazaro, 1746	1	2 33	4 26	7 29	NOR.	4 32	7 23	NOR.	5 0	6 55	NOR.

THE judge—it was Judge Jeffreys, unless we mistake—who pointed with his cane at a prisoner and exclaimed, "There is a great rogue at the end of my cane," was certainly

greatly enraged when the man looked hard at him, and asked coolly, "At which end, my lord?" The prisoner probably got two years extra for that smart retort.

THE BEST RESOURCE OF THE FEEBLE.

A DEFICIENCY of vital power, leanness, poverty of the blood, are usually attributable to imperfect assimilation of the food received by the stomach. Happily there is a pure, efficacious and highly sanctioned preparation, which so efficiently promotes the assimilative process, that the gain in vigor and consequently in health, for the latter cannot exist without the first—is very speedily perceptible by the feeble invalid who uses it. *Hostetter's Stomach Bitters* stand at the head of American proprietary tonics, and is pronounced by medical men to be in every respect a trustworthy article. It stimulates the organs of digestion and assimilation to perform their allotted duty, in consequence of which the food goes regularly and completely through the necessary processes of transmutation into blood, which is the motor of vital action, the nutrient of the system, by which every muscle,

every bone, every nerve, is fed and preserved from decay.

Hostetter's Stomach Bitters is the best medicinal guardian of the weak against the diseases to which they are peculiarly liable. Nervous ailments, a degree of mental depression amounting to hypochondria, besides bodily troubles of a far more serious nature are liable to attack the feeble, but are infallibly warded off by this tonic agent.

The Bitters, besides overcoming debility, improves the appetite, promotes sound sleep, and insures the regular discharge of every bodily function. It is a most reliable preventive and curative of malarial fevers, and remedies biliousness, chronic indigestion, kidney and bladder troubles, gout, rheumatism and many other ailments. Persons who have been prostrated by disease, and are in a state of convalescence, will find the Bitters a valuable auxiliary towards regaining health and strength.

INHERITED AGE.—Sir Benjamin Ward Richardson has published a series of observations on the duration of life of the offspring as compared with that of the parents. He considers that if the ages of the two parents and of the four grandparents be added together and divided by six, the age of the case in point will be told, with an average variation of not more than two. If the ages of the parents are high, the offspring tends to improve on them; if low (say an average of forty or lower), the life of the offspring will probably be still shorter.

TO REMOVE HARD PUTTY.—Good putty, when old and dry, is almost as hard as flint, and clings to the mullions of a sash with great tenacity. Various formulæ and recipes have been given for softening it, but all are more or less open to objections. A

German cotemporary says that if you paint the putty well with petroleum, in a few hours it can be removed as easily as fresh putty.

THREE THINGS TO AVOID.—Confucius said: "There are three things that the superior man guards against. In youth, when the physical powers are not yet settled, he guards against lust. When he is strong, and the physical powers are full of vigor, he guards against quarrelsomeness. When he is old and the animal powers are decayed, he guards against covetousness."

If you wish to cool a room wet a cloth, the larger the better, and hang it up, when, provided that the ventilation is good, the temperature will sink ten or fifteen degrees in less than an hour.

6th
Mon.30
Days

MOON'S PHASES.		BOSTON.			PITTSBURGH.			NEW ORLEANS.		
		D. H. M.			D. H. M.			D. H. M.		
☾	NEW MOON,.....	8	1	36 Mor.	8	1	0 Mor.	8	0	20 Mer.
☾	FIRST QUARTER,.....	16	5	2 "	16	4	26 "	16	3	46 "
☾	FULL MOON,.....	23	9	36 "	23	9	0 "	23	8	20 "
☾	LAST QUARTER,.....	30	0	1 "	29	11	25 Eve.	29	10	45 Eve.

Days.		HISTORICAL EVENTS.	Moon's Con.	Sun	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon
Month.	Week.			Fast.	rises.	sets.	rises.	rises.	sets.	rises.	rises.	sets.	rises.
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	Th	Port Boston closed, 1774	☾	2 24	4 26	7 30	0 21	4 32	7 23	0 22	4 59	6 56	0 21
2	Fri	Gordon riots, 1780	☾	2 14	4 25	7 30	0 48	4 31	7 24	0 50	4 59	6 56	0 53
3	Sa	Walworth shot, 1873	☾	2 5	4 25	7 31	1 15	4 31	7 25	1 18	4 59	6 57	1 31

(23.) 1st SUNDAY AFTER TRINITY.

Luke 16.

Day's Length, (Pitts.) 14 h. 55 m.

4	S	Austin Corbin killed, '96	☾	1 55	4 24	7 32	1 44	4 31	7 26	1 48	4 59	6 57	2 7			
5	Mo	Telegraph in China, 1871	☾	1 44	4 24	7 33	2 17	4 31	7 26	2 23	4 58	6 58	2 40			
6	Tu	Battle Stony Creek, 1813	☾	1 33	4 24	7 33	2 55	4 30	7 27	3 2	4 58	6 58	3 30			
7	We	Reform Bill passed, 1832	☾	1 22	4 23	7 34	3 39	4 30	7 27	3 46	4 58	6 59	4 18			
8	Th	Jules Simon died, 1896	☾	1 11	4 23	7 35	SETS	4 30	7 28	SETS	4 58	6 59	SETS			
9	Fri	Georgia chartered, 1732	☾	0 59	4 23	7 35	8 54	4 30	7 28	8 49	4 58	7 2	8 22			
10	Sa	Plague at Smyrna, 1837	☾	0 47	4 22	7 36	9 31	4 30	7 29	9 27	4 58	7 0	9 4			

(24.) 2d SUNDAY AFTER TRINITY.

Luke 14.

Day's Length, (Pitts.) 15 h. 0 m.

11	S	Malta taken, 1798	☾	0 35	4 22	7 36	10 3	4 29	7 29	10 0	4 58	7 1	9 42			
12	Mo	Rye-House plot, 1693	☾	0 23	4 22	7 37	10 31	4 29	7 30	10 29	4 58	7 1	10 14			
13	Tu	Berlin congress, 1878	☾	0 11	4 22	7 37	10 55	4 29	7 30	10 54	4 58	7 1	10 46			
14	We	Battle of Naseby, 1645	☾	Slow.	4 22	7 38	11 18	4 29	7 30	11 18	4 58	7 2	11 16			
15	Th	Luther excommunicated, 1520	☾	0 15	4 22	7 38	11 40	4 29	7 31	11 41	4 58	7 2	11 46			
16	Fri	Dunbar mine disaster, '90	☾	0 27	4 22	7 38	MOR	4 29	7 31	MOR	4 58	7 2	MOR			
17	Sa	Mary Anderson mar., '90	☾	0 40	4 22	7 39	0 3	4 29	7 32	0 6	4 58	7 3	0 15			

(25.) 3d SUNDAY AFTER TRINITY.

Luke 15.

Day's Length, (Pitts.) 15 h. 3 m.

18	S	M'Kinley nominated, '96	☾	0 53	4 22	7 39	0 29	4 29	7 32	0 33	4 58	7 3	0 48			
19	Mo	Council of Nice, 325	☾	1 6	4 23	7 39	0 58	4 29	7 32	1 3	4 59	7 3	1 24			
20	Tu	Augsburg diet met, 1530	☾	1 19	4 23	7 40	1 33	4 29	7 32	1 39	4 59	7 3	2 5			
21	We	Black hole tragedy, 1756	☾	1 32	4 23	7 40	2 17	4 30	7 33	2 24	4 59	7 4	2 54			
22	Th	Lieut. Greeley rescue, '84	☾	1 45	4 23	7 40	3 12	4 30	7 33	3 19	4 59	7 4	3 52			
23	Fri	Benj. H. Bristow d., 1896	☾	1 58	4 23	7 40	RIS.	4 30	7 33	RIS.	5 0	7 4	RIS.			
24	Sa	Riots in Boston, 1854	☾	2 10	4 24	7 40	8 43	4 30	7 33	8 39	5 0	7 4	8 17			

(26.) 4th SUNDAY AFTER TRINITY.

Luke 6.

Day's Length, (Pitts.) 15 h. 2 m.

25	S	Napoleon's farewell 1815	☾	2 23	4 24	7 40	9 22	4 31	7 33	9 19	5 0	7 4	9 3			
26	Mo	Isabella abdicated, 1870	☾	2 36	4 24	7 40	9 55	4 31	7 34	9 54	5 0	7 4	9 44			
27	Tu	Joseph Smith shot, 1844	☾	2 48	4 25	7 40	10 24	4 32	7 34	10 24	5 1	7 5	10 21			
28	We	Henry VIII. born, 1491	☾	3 0	4 25	7 40	10 51	4 32	7 34	10 53	5 1	7 5	10 57			
29	Th	Earthquake in Italy, '77	☾	3 12	4 25	7 40	11 19	4 32	7 34	11 22	5 1	7 5	11 33			
30	Fri	Earl Argyle execut., 1685	☾	3 24	4 26	7 40	11 48	4 33	7 34	11 52	5 2	7 5	MOR			

It is asserted that singing is a corrective of the too common tendency to pulmonic complaints. An eminent physician observes on the subject: "The Germans are seldom afflicted with consumption, and

this, I believe, is in part occasioned by the strength which their lungs acquire by exercising them in vocal music, for this constitutes an essential branch of their education."



DISCOVERED AT LAST.

FIRST NEWSBOY.—“Hullo Bill! Who’s ‘e?”

SECOND NEWSBOY.—“I suppose he’s the North Pole as has just been discovered!”

From O. G. MANNING, David City, Neb.,
May 23, 1896:

Dear Sirs—I wish to tell you what your Bitters has done for me, as it possibly may help some one. I was in bad shape for about three months, had five doctors prescribe for me, and three more examine me, and they every one had a different disease, and I continued to grow worse. Commenced taking Hostetter’s Stomach Bitters, and from the second day began to get well. I took four bottles and it cured me; has been eighteen months since, and am in better shape than I have ever been; have gained thirty pounds in weight. I think your medicine is a blessing to humanity.

AMONG the simple remedies which should be in the family medicine closet, one of the most useful is mutton suet. For cuts and bruises it is unequalled, as well as for chapped hands and faces. It is best to procure the suet at the butchers and fry it out at home, turning it into small moulds to

cool, and then roll it in tin foil. A camphor ice may be made by putting a piece of camphor gum the size of a walnut with half a cup of mutton tallow, and melting them together. Pour the mixture into a little cup or mould to become cool.

From W. P. DABNEY, M. D., Delaney, Ark.,
January 30, 1897:

I have been handling your Bitters for 20 years, and find there is no better remedy for Lagrippe than Hostetter’s Stomach Bitters and Rock Candy. I have prescribed them hundreds of times, and never heard any one say they wanted a better remedy.

INCANDESCENT LIGHT.—It is said that singers, actors and public speakers find that since the introduction of the electric light they have less trouble with their voices, and they are less likely to catch cold, their throats are not so parched, and they feel better. This is due to the air being less vitiated and the temperature more even.

7th

Mon.

31

Days

MOON'S PHASES.

BOSTON.

PITTSBURGH.

NEW ORLEANS.

	D.	H.	M.		D.	H.	M.		D.	H.	M.	
☾ NEW MOON,.....	7	3	47	Eve.	7	8	11	Eve.	7	2	31	Eve.
☾ FIRST QUARTER,.....	15	7	15	"	15	6	39	"	15	5	59	"
☾ FULL MOON,.....	22	4	57	"	22	4	21	"	22	3	41	"
☾ LAST QUARTER,.....	29	7	58	Mor.	29	7	22	Mor.	29	6	42	Mor.

[illegible]

1	Sa	Harriet B. Stowe d., 1896	✕	3 36	4 26	7 40	MOR	4 33	7 33	MOR	5 2	7 5	0 8
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(27.) 5th SUNDAY AFTER TRINITY.

LUKE 5.

Day's Length, (Pitts.) 14 h. 59 m.

2	S	Quebec founded, 1608	3	47	4	27	7	40	0	20	4	34	7	33	0	25	5	2	7	5	0	148
3	Mo	Idaho admitted, 1890	3	59	4	27	7	40	0	56	4	34	7	33	1	44	5	3	7	5	1	28
4	To	Vicksburg surrend., 1863	4	9	4	28	7	40	1	37	4	35	7	35	1	2	5	3	7	5	2	15
5	We	Battle of Chippewa, 1814	4	20	4	29	7	40	2	24	4	35	7	33	2	31	5	4	7	5	3	4
6	Th	Edward VI. died, 1553	4	30	4	29	7	40	3	17	4	36	7	32	3	24	5	4	7	5	3	57
7	Fri	Yale crew def. in Eng., '96	4	40	4	30	7	39	SETS	4	36	7	32	SETS	5	5	7	4	SETS			
8	Sa	Port Hudson surrend., '63	4	50	4	30	7	39	SETS	8	6	7	32	8	3	5	5	7	4	7	4	

(28.) 6th SUNDAY AFTER TRINITY.

Matt. 5.

Day's Length. (Pitts.) 14 h. 54 m.

9	S	Braddock's defeat, 1755	4	59	4	31	7	38	8	54	4	38	7	32	8	32	5	6	7	4	8	16
10	Mo	Wyoming admitted, 1890	5	5	8	4	32	7	38	8	5	4	39	7	31	8	58	5	7	4	8	48
11	Tu	Juarez pres. Mexico 1859	5	16	4	33	7	38	9	22	4	39	7	31	9	22	5	6	7	4	9	17
12	We	Stanley married, 1890	5	24	4	34	7	37	9	44	4	40	7	30	9	45	5	7	4	9	47	
13	Th	Gen. Fremont died, 1890	5	31	4	34	7	37	10	7	4	41	7	30	10	9	5	8	7	3	10	17
14	Fri	Peter III. died, 1762	5	38	4	35	7	36	10	31	4	42	7	29	10	34	5	8	7	3	10	47
15	Sa	Flight of Mahomet, 622	5	44	4	36	7	35	10	58	4	43	7	29	11	2	5	9	7	3	11	21

(29.) 7th SUNDAY AFTER TRINITY.

Mark 8.

Day's Length, (Pitts.) 14 h. 45 m.

10	S	Stony Point taken, 1779	5 50	4 86	7 35	11 30	4 43	7 28	11 36	5 9	7 2	11 58
17	Mo	Cannopore captured, 1757	5 55	4 87	7 34	MOR	4 44	7 28	MOR	5 10	7 2	MOR
18	Tu	Infallibility decreed, '70	6 4	4 88	7 34	0 8	4 45	7 27	0 15	5 10	7 1	0 43
19	We	Wilberforce killed, 1873	6 4	4 89	7 33	0 55	4 46	7 26	1 2	5 11	7 1	1 34
20	Th	Conf. cong. Richmond, '61	6 8	4 90	7 32	1 53	4 47	7 26	2 0	5 11	7 0	2 33
21	Fri	Napoleon in Brussels, '63	6 11	4 91	7 31	3 1	4 47	7 25	3 8	5 12	7 0	3 38
22	Sa	Mrs. Swishied died, 1834	6 13	4 92	7 30	RIS.	4 48	7 25	RIS.	5 13	6 59	RIS.

(30.) 8th SUNDAY AFTER TRINITY.

234. 7.

Day's Length. (Pitts.) 14 h. 35 m.

29	S	Printing invented, 1440	6	15	4	48	7	29	7	53	4	49	7	24	7	51	5	13	6	59	7	38
30	Mo	Gibraltar taken, 1704	6	16	4	47	7	29	8	23	4	50	7	23	8	22	5	14	6	58	8	16
31	Tu	Q. Mary married, 1554	6	17	4	45	7	28	6	53	4	51	7	22	8	54	5	15	6	57	8	55
32	We	Earthq. at Naples, 1856	6	17	4	46	7	27	9	22	4	51	7	21	9	24	5	15	6	57	9	23
33	Tu	Bank England incor 1694	5	17	4	47	7	26	9	51	4	52	7	20	9	55	5	15	6	57	10	6
34	Fri	Reign Terror ends, 1794	6	18	4	48	7	25	10	22	4	53	7	19	10	27	5	16	6	56	10	47
35	Sa	Edmund Burke d., 1797	6	14	4	49	7	24	10	57	4	53	7	18	11	3	5	17	6	55	11	3

(91.) 9th SUNDAY AFTER TRINITY.

Luke 25.

Day's Length, (Picts.) 14 h. 52 m.

31	S	Chambersburg barn, '64	♀	6 12	4 50	7 23	11 37	4 55	7 17	11 44	5 17	6 55	MOR
31	M	Peace of Nimeguen, 1578	♂	6 9	4 51	7 21	MOR	4 56	7 16	MOR	5 13	6 54	9 14

ADVICE TO A BILIOUS SUBJECT.

A YELLOW face is not attractive, neither are eyes that exhibit, in what should be their whites, the same saffron hue. Do you look like this, gentle reader? Or, are you troubled with pain under the right shoulder and in the right side, furred tongue, heaviness of the head, nausea and dizziness. If you are, you ought to be aware that you are bilious. Take sensible advice, and use *Hostetter's Stomach Bitters*. It will certainly relieve you as it invariably relieves others who suffer in the same way. Probably you are troubled with more or less dyspepsia and constipation, as those interesting disorders usually accompany liver complaint. The Bitters will vanquish them as well. Make no doubt of this, for it is a certainty.

Torpidity of the liver is usually the source of disturbance in that great secretory gland, the largest in the human body. The Bitters rouses it from its inaction, diverts the bile from the blood

into its natural channels, relieves the bowels, and brings the stomach into harmonious action with this biliary organ. These results are accomplished naturally, without any of those violent perturbations of the intestinal region which griping pills, powders and potions produce, and are followed by no weakening reaction like that which ensues after using drastic cathartics, which affect the bowels and the bowels only, although it is sometimes pretended that they act upon the liver. Hostetter's Stomach Bitters is infinitely preferable to calomel, blue pill or any preparation of mercury, a drug which is most pernicious in its after effects upon the system, and should therefore be avoided.

Persons of bilious temperament are very apt to contract febrile complaints of a malarial type, when they come within the influence of the miasma poisoned air of fever and ague localities. They should remember that the Bitters prevents and eradicates such maladies.

DRAWING DOWN THE DISEASE.—At the very outset of the war, sundry wise men from New York urged Mr. Lincoln to keep away the Confederate armies from Washington by naval attacks upon Southern seaports. It reminded him, he said, of a New Salem (Illinois) girl who was troubled with a "singing in her head," for which there seemed to be no remedy, but a neighbor promised a cure if they would "make a plaster of psalm tunes and apply to her feet, and draw the singing down."

BREATHING AND LIVER ACTION.—The circulation of the blood through the liver, and hence all the functions of the liver, are greatly aided by the action of the chest and diaphragm in breathing. When the chest wall is lifted outward in the act of inspiration, air is not only drawn into the chest,

but blood is also drawn towards the heart. Deep breathing is thus a very important means of aiding both the stomach and the liver in their work.

ONE of the things which it seems difficult for the public mind to grasp is, that there is a decided difference between the knot and the mile. It seems easy enough to remember that a mile is only about 87 per cent. of a knot, the latter being, approximately, 6,932 feet in length, while the statute mile measures 5,280 feet.

Don't give a patient a full glass of water to drink from, unless he is allowed all he desires. If he can drain the glass he will be satisfied; so regulate the quantity before handing it to him.

8th
Mon.

31

Days

MOON'S PHASES.

☾	NEW MOON,.....
☾	FIRST QUARTER,.....
☾	FULL MOON,.....
☾	LAST QUARTER,.....

BOSTON.

D.	H.	M.
6	7	4 Mor.
14	7	10 "
21	0	1 "
27	7	13 Eve.

PITTSBURGH.

D.	H.	M.
6	6	23 Mor.
14	6	34 "
20	11	25 Eve.
27	6	37 "

NEW ORLEANS.

D.	H.	M.
6	5	48 Mor.
14	5	54 "
20	10	45 Eve.
27	5	57 "

Days.			Sun	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon
Month.	Week.	HISTORICAL EVENTS.	Slow.	rises.	sets.	rises.	rises.	sets.	rises.	rises.	sets.	rises.
			M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	Tu	George I. crowned, 1714	8	6 6	4 52	7 20	0 22	4 57	7 15	0 29	5 18	6 53
2	We	Charles X. abdicate, 1830	8	6 2	4 53	7 19	1 13	4 53	7 14	1 20	5 19	6 52
3	Th	Arkwright died, 1792	□	5 58	4 54	7 17	2 8	4 59	7 12	2 15	5 20	6 52
4	Fri	Iowa admitted, 1846	□	5 53	4 55	7 16	3 7	5 0	7 13	3 13	5 20	6 51
5	Sa	Atlantic telegraph comp., '58	□	5 47	4 56	7 15	4 8	5 1	7 10	4 13	5 21	6 50

(32.) 10th SUNDAY AFTER TRINITY.

Luke 19.

Day's Length, (Pitts.) 14 h. 7 m.

6	S	Wm. Kemmler execu. '90	□	5 41	4 57	7 14	SETS	5 2	7 9	SETS	5 21	6 40	SETS
7	Mo	Battle of Bojaca, 1819	□	5 34	4 58	7 12	7 29	5 3	7 8	7 23	5 22	6 49	7 24
8	Tu	Riots in Kilkenny, 1858	□	5 26	4 59	7 11	7 50	5 4	7 7	7 51	5 22	6 48	7 49
9	We	Ashburton treaty, 1842	□	5 18	5 0	7 10	8 12	5 5	7 6	8 14	5 23	6 47	8 19
10	Th	John Boyle O'Reilly d. '90	□	5 10	5 1	7 8	8 36	5 5	7 4	8 39	5 24	6 46	8 50
11	Fri	Davis' Straits disc., 1585	□	5 0	5 2	7 7	9 2	5 6	7 3	9 6	5 25	6 45	9 22
12	Sa	George IV. born, 1762	□	4 50	5 3	7 6	9 39	5 7	7 2	9 35	5 25	6 44	9 57

(33.) 11th SUNDAY AFTER TRINITY.

Luke 18.

Day's Length, (Pitts.) 13 h. 53 m.

13	S	Sir John Mills d., 1896	□	4 40	5 4	7 4	10 4	5 8	7 1	10 10	5 26	6 43	10 36
14	Mo	Oregon a territory, 1858	□	4 29	5 5	7 3	10 46	5 9	6 59	10 53	5 26	6 42	11 23
15	Tu	Gen. Hull surrend., 1812	□	4 18	5 6	7 1	11 38	5 10	6 58	11 45	5 27	6 41	MOR
16	We	Ben Jonson died, 1637	□	4 6	5 7	7 0	MOR	5 11	6 56	MOR	5 28	6 40	0 18
17	Th	Gail Hamilton d., 1893	□	3 53	5 8	6 58	0 40	5 12	6 55	0 47	5 28	6 39	1 19
18	Fri	Cornerstone cap. Pd, 1793	□	3 40	5 9	6 57	1 50	5 13	6 54	1 57	5 29	6 38	2 25
19	Sa	Guerriere captured, 1812	□	3 28	5 11	6 55	3 6	5 14	6 52	3 11	5 29	6 37	3 34

(34.) 12th SUNDAY AFTER TRINITY.

Mark 7.

Day's Length, (Pitts.) 13 h. 36 m.

20	S	Str. Atlantic sunk, 1852	□	3 12	5 12	6 54	4 26	5 15	6 51	4 30	5 30	6 36	4 47
21	Mo	Earthq. at Palermo, 1726	□	2 58	5 13	6 52	RIS.	5 16	6 49	RIS.	5 30	6 35	RIS.
22	Tu	Hoke Smith resigned, '96	□	2 43	5 14	6 51	7 21	5 17	6 48	7 23	5 1	6 34	7 28
23	We	Alex. Wilson died, 1813	□	2 27	5 15	6 49	7 50	5 18	6 47	7 53	5 32	6 32	8 5
24	Th	Bat. Bladensburg, 1814	□	2 11	5 16	6 48	8 22	5 19	6 45	8 26	5 32	6 31	8 44
25	Fri	Cannon first used, 1346	□	1 55	5 17	6 46	8 57	5 20	6 44	9 3	5 33	6 30	9 23
26	Sa	Battle of Dresden, 1813	□	1 38	5 18	6 44	9 36	5 21	6 42	9 43	5 33	6 29	10 11

(35.) 13th SUNDAY AFTER TRINITY.

Luke 10.

Day's Length, (Pitts.) 13 h. 19 m.

27	S	N. Amsterdam surr., 1694	□	1 21	5 19	6 43	10 20	5 22	6 41	10 27	5 34	6 28	10 59
28	Mo	Li Hung Chang arriv., '96	□	1 4	5 20	6 41	11 9	5 23	6 39	11 16	5 34	6 27	11 49
29	Tu	Norw'y & Den'k uni., 1450	□	0 46	5 21	6 40	MOR	5 24	6 38	MOR	5 35	6 26	MOR
30	We	Chas. S. Reinhart d., '96	□	0 23	5 22	6 38	0 3	5 25	6 36	0 10	5 35	6 25	0 41
31	Th	Clive takes Arcot, 1751	□	0 10	5 23	6 36	1 1	5 26	6 35	1 7	5 36	6 24	1 36

MANY a man lives a burden to the earth; a master spirit, embalming and treasured up
but a good book is the precious life blood of man purpose for a life beyond life.—Milton.



THE NAKED TRUTH.

LADY.—"I'm afraid your story of your sudden bereavement by your wife's death two weeks ago, and your children's illness, is not quite the truth."

TRAMP (hurt).—"Not true! Look here lady, I've been in this unfortunate position for more nor five year, and have said the same thing hundreds of times, and you're the first as ever doubted my word afore!"

From W. T. HINDMAN, Burlington, Indiana,
May 21, 1896:

Gentlemen—I have been selling your Hostetter's Stomach Bitters for several years, with good success both in sale and cure. I call to mind several cases of stomach trouble that have been permanently cured with the Bitters; one in particular. A lady had tried the home physicians for years, had given up in despair. Her husband, in looking over your Almanac, found what fitted her case; they tried it, and the result was that she has had but one attack in three or four years.

The best definition of good housekeeping was given by a little boy, after listening to a learned discussion from some of his mother's club associates, was asked: "Well, my little man, what kind of a home do you think is best?" A beautiful light came into the child's eyes. "I don't know much

about it. Just the only kind that I like is the home that is nice to go to."

From HAUSER & PARKER, Columbus, Ind.,
May 16, 1896:

We still sell more of your Hostetter's Stomach Bitters than all others combined, and they always give entire satisfaction.

THE EYE.—The eyeball rests in a cushion of fat, by which it is surrounded on every side. When the system becomes greatly emaciated through disease, this fat is absorbed and the eye sinks further into the head, thus giving the sunken appearance so common in disease.

From O. N. SHELTON, M. D., Perkins, Okl.
Ter., June 1, 1896:

I used Hostetter's Stomach Bitters for several years, and think they are a fine remedy for what they are designed.

9th
Mon.



30
Days

MOON'S PHASES.

NEW MOON,.....	4 10 49 Eve.
FIRST QUARTER,.....	12 5 5 "
FULL MOON,.....	19 7 47 Mor.
LAST QUARTER,.....	26 10 18 "

BOSTON.

D. H. M.	4 10 49 Eve.
12 5 5 "	
19 7 47 Mor.	
26 10 18 "	

PITTSBURGH.

D. H. M.	4 10 13 Eve.
12 4 29 "	
19 7 11 Mor.	
26 9 42 "	

NEW ORLEANS.

D. H. M.	4 9 39 Eve.
12 3 49 "	
19 6 31 Mor.	
26 9 2 "	

Days.	HISTORICAL EVENTS.	Con.	Sun	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon
Month.	Week.		Fast.	rises.	sets.	rises.	rises.	sets.	rises.	rises.	sets.	rises.	rises.	sets.	rises.
			M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.

1	Fri	Lopez garroted, 1851	0 9	5 24	6 34	2 1	5 27	6 33	2 7	5 37	6 23	2 30
2	Sa	Napoleon III. surr., 1870	0 23	5 25	6 33	3 1	5 28	6 31	3 6	5 37	6 22	3 25

(36.) 14th SUNDAY AFTER TRINITY.

Luke 17.

Day's Length, (Pitts.) 13 h. 1 m.

3	S	Battle of Dunbar, 1650	0 47	5 26	6 31	4 1	5 29	6 30	4 4	5 38	6 20	4 19
4	Mo	Gen. Morgan killed, 1864	1 7	5 27	6 29	5 1	5 30	6 28	5 3	5 38	6 19	5 12
5	Tu	Cont. congress met, 1774	1 26	5 28	6 23	SETS	5 31	6 27	SETS	5 39	6 17	SETS
6	We	Pt. Griswold taken, 1781	1 46	5 29	6 26	6 42	5 32	6 25	6 45	5 39	6 17	6 54
7	Th	Battle of Belmont, 1861	2 7	5 30	6 24	7 6	5 33	6 23	7 10	5 40	6 15	7 24
8	Fri	South Sea bubble, 1710	2 27	5 32	6 23	7 35	5 34	6 22	7 40	5 40	6 14	7 59
9	Sa	Sebastopol captured, '55	2 47	5 33	6 21	8 8	5 35	6 20	8 14	5 41	6 13	8 38

(37.) 15th SUNDAY AFTER TRINITY.

Matt. 6.

Day's Length, (Pitts.) 12 h. 43 m.

10	S	Invasion of Canada, 1775	3 8	5 34	6 19	8 46	5 36	6 19	8 53	5 41	6 12	9 23
11	Mo	Battle of Delhi, 1803	3 29	5 35	6 17	9 32	5 37	6 17	9 39	5 42	6 10	10 11
12	Tu	Gen. Walker shot, 1860	3 50	5 36	6 16	10 28	5 38	6 15	10 35	5 42	6 9	11 7
13	We	Robert Hoe died, 1884	4 11	5 37	6 14	11 33	5 39	6 13	11 40	5 43	6 8	MOR
14	Th	Jas. Fen. Cooper d., 1851	4 32	5 38	6 12	MOR	5 39	6 12	MOR	5 43	6 7	0 10
15	Fri	Forest Fires, 1871	4 53	5 39	6 10	0 44	5 40	6 10	0 50	5 44	6 6	1 15
16	Sa	James II. died, 1701	5 15	5 40	6 9	2 0	5 41	6 8	2 5	5 44	6 5	2 24

(38.) 16th SUNDAY AFTER TRINITY.

Luke 7.

Day's Length, (Pitts.) 12 h. 24 m.

17	S	Battle Antietam, 1862	5 36	5 41	6 7	3 17	5 42	6 6	3 20	5 45	6 3	3 33
18	Mo	Dion Boucault d., 1890	5 57	5 42	6 5	4 35	5 43	6 5	4 37	5 46	6 2	4 43
19	Tu	Battle of Iuka, 1862	6 18	5 43	6 3	RIS.	5 44	6 3	RIS.	5 48	6 1	RIS.
20	We	Treaty of Ryswick, 1697	6 40	5 44	6 2	6 17	5 45	6 2	6 21	5 47	6 0	6 35
21	Th	Nicaragua independ., '21	7 1	5 45	6 0	6 52	5 46	6 0	6 57	5 47	5 58	7 19
22	Fri	Mormonism founded, '27	7 22	5 47	5 58	7 30	5 47	5 58	7 36	5 48	5 57	8 2
23	Sa	Russian fleet sunk, 1854	7 43	5 48	5 56	8 14	5 48	5 56	8 21	5 49	5 56	8 51

(39.) 17th SUNDAY AFTER TRINITY.

Luke 14.

Day's Length, (Pitts.) 12 h. 6 m.

24	S	Don Pedro died, 1834	8 4	5 49	5 54	9 3	5 49	5 53	9 10	5 49	5 55	9 42
25	Mo	Arnold deserted, 1780	8 24	5 50	5 52	9 56	5 50	5 55	10 3	5 50	5 53	10 35
26	Tu	John W. Garrett d., 1884	8 45	5 51	5 51	10 53	5 51	5 51	11 0	5 50	5 52	11 29
27	We	Alva takes Rome, 1557	9 5	5 52	5 49	11 52	5 52	5 49	11 58	5 51	5 51	MOR
28	Th	Bishop Randall d., 1873	9 25	5 53	5 47	MOR	5 53	5 48	MOR	5 51	5 50	0 23
29	Fri	Gustavus Vasa d., 1500	9 45	5 54	5 45	0 52	5 54	5 46	0 57	5 52	5 48	1 18
30	Sa	Virginus captured, 1875	10 4	5 55	5 44	1 52	5 55	5 45	1 56	5 52	5 47	2 12

DINING IN DYSPEPSIA.—Dr. Balfour gives the following rules for dieting which are applicable in many cases of dyspepsia: 1. There must never be less than five hours between each meal. 2. No solid food is ever

to be taken between meals. 3. All with weak hearts should have their principal meal in the middle of the day. 4. All with weak hearts should have their meals as dry as possible.

ACTION OF THE BITTERS UPON THE KIDNEYS AND BLADDER.

HOSTETTER'S STOMACH BITTERS is a superb diuretic.

It imparts tone to the organs of urination, and infuses activity and regularity into their operations. When we consider the importance of the office performed by these organs, we perceive the value of a medicine which ensures their health and activity. It is the business of the kidneys to secrete from the blood, in its passage through them, the waste and debris of the system, the effete matter thrown off by it—its ashes, so to speak. This is, or should be, then discharged through the bladder. Now if the kidneys become sluggish, this important function is inefficiently performed, the blood becomes contaminated with the refuse which should have been strained from it, and the poison thus retained in the life current breeds the most obstinate maladies against which medical skill is invoked. Moreover, since the

health of the kidneys themselves is absolutely dependent upon their activity, they become diseased when inactive, and unhappily, the diseases to which they are subject are of the most destructive kind. Among them are Bright's disease, fatty degeneration of the kidneys, albuminuria, diabetes, and others less formidable, but no less obstinate. The complaints which affect the bladder are also of a serious nature. *Hostetter's Stomach Bitters* averts disease from the urinary organs by gently stimulating them when sluggish, and strengthening them when weak. It promotes the secretion and discharge of healthy urine, which does not irritate the bladder, and assisting the action of the kidneys, promotes the elimination from the blood of those impurities which, as we have seen, poison the system and breed disease, when they are not completely filtered from it.

FIRE-PROOF CLOTH.—It is an easy matter, without in any way injuring its appearance, to make cloth almost fire-proof. This may be done by mixing a little alum or tungstate of soda with the starch used on the cloth. When treated this way the cloth will not blaze up when exposed to a flame, though it will char very slowly.

WHAT IS FAME?—"Mr. Speaker," exclaimed a member of the New South Wales Parliament, "my colleague taunts me with a desire for fame. I scorn the imputation, sir. Fame, sir! What is fame? It is a shaved pig with a greased tail, which slips through the hands of thousands, and then is accidentally caught by some lucky fellow that happens to hold on to it. I let the greasy-tailed quadruped go by me without an effort to clutch it, sir."

BOILING WATER.—Delmonico once said: "Few persons know how to cook water. The secret is putting good, fresh water into a neat kettle, already quite warm, and setting the water to boiling quickly, and then taking it right off to use before it is spoiled. To let it steam and simmer and evaporate until all the good water is in the atmosphere, and the lime and iron dregs only left in the kettle—bah! that is what makes a great many people sick, and is worse than no water at all."

DAMPNESS IN DWELLINGS.—Place one keg freshly slacked lime in a suspected room, and then hermetically close doors and windows. In 24 hours weigh the lime. If its weight has increased more than 10 grammes (1 per cent.), the room is too damp for health.

10th
Mon.31
Days

OCTOBER

MOON'S PHASES.					BOSTON.				PITTSBURGH.				NEW ORLEANS.			
					D. H. M.				D. H. M.				D. H. M.			
☉	NEW MOON,.....				4	2	30	Eve.	4	1	54	Eve.	4	1	14	Eve.
☾	FIRST QUARTER,.....				12	1	25	Mor.	12	0	49	Mor.	12	0	9	Mor.
☀	FULL MOON,.....				18	5	20	Eve.	18	4	44	Eve.	18	4	4	Eve.
☾	LAST QUARTER,.....				26	4	56	Mor.	26	4	20	Mor.	26	3	40	Mor.
Days.					Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon
Month.	Week.	HISTORICAL EVENTS.			Fast.	rises.	sets.	rises.	sets.	rises.	rises.	sets.	rises.	sets.	rises.	
					M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
(40.) 18th SUNDAY AFTER TRINITY. Matt. 22. Day's Length, (Pitts.) 11 h. 47 m.																
1	S	Battle of Lowositz, 1756	Q	10	23	5 56	5 42	2 51	5 56	5 43	2 54	5 53	5 46	8 4		
2	Mo	Brigham Young arr'd, '71	Q	10	42	5 57	5 40	3 51	5 57	5 41	3 53	5 53	5 45	3 58		
3	Tu	Blackhawk died, 1838	Q	11	1	5 58	5 38	4 52	5 58	5 40	4 52	5 54	5 43	4 51		
4	We	Selkirk exiled, 1704	MP	11	19	6 0	5 37	5 52	5 59	5 38	5 51	5 55	5 42	5 44		
5	Th	Cornwallis died, 1805	MP	11	37	6 1	5 35	SETS	6 0	5 37	SETS	5 55	5 40	SETS		
6	Fri	Alex. Murray d., 1821	MP	11	54	6 2	5 34	6 10	6 1	5 35	6 15	5 56	5 40	6 38		
7	Sa	Battle of Lepanto, 1571	MP	12	11	6 3	5 32	6 47	6 2	5 33	6 53	5 57	5 39	7 21		
(41.) 19th SUNDAY AFTER TRINITY. Matt. 9. Day's Length, (Pitts.) 11 h. 49 m.																
8	S	Geo. Du Maurier d., 1896	M	12	28	6 4	5 30	7 31	6 3	5 32	7 38	5 57	5 38	8 9		
9	Mo	U. S. bank suspended, '39	M	12	44	6 5	5 28	8 23	6 5	5 30	8 30	5 58	5 36	9 2		
10	Tu	First overland mail, 1858	M	13	0	6 6	5 27	9 24	6 6	5 29	9 31	5 58	5 35	10 1		
11	We	Dr. Kane returns, 1855	M	13	16	6 7	5 25	10 32	6 7	5 27	10 38	5 59	5 34	11 4		
12	Th	Siege of Orleans, 1428	M	13	31	6 9	5 24	11 44	6 8	5 25	11 49	6 0	5 33	MOR		
13	Fri	N. Y. banks suspend, 1857	S	13	45	6 10	5 22	MOR	6 9	5 24	MOR	6 0	5 32	0 11		
14	Sa	William Penn born, 1644	S	13	59	6 11	5 20	0 56	6 10	5 22	1 2	6 1	5 31	1 17		
(42.) 20th SUNDAY AFTER TRINITY. Matt. 22. Day's Length, (Pitts.) 11 h. 10 m.																
15	S	America discovered, 1492	M	14	12	6 12	5 18	2 12	6 11	5 21	2 15	6 2	5 30	2 24		
16	Mo	Ridley burned, 1555	M	14	25	6 13	5 17	3 27	6 12	5 19	3 29	6 2	5 29	3 30		
17	Tu	A. M. Sullivan d., 1884	M	14	37	6 15	5 15	4 42	6 13	5 18	4 42	6 3	5 28	4 36		
18	We	St. Alban's raid, 1864	M	14	49	6 16	5 14	5 57	6 14	5 16	5 55	6 4	5 27	5 43		
19	Th	Ferd'd & Isabel ma. 1469	M	15	0	6 17	5 12	RIS.	6 16	5 15	RIS.	6 4	5 26	RIS.		
20	Fri	George I. crowned, 1714	M	15	10	6 18	5 11	6 5	6 17	5 13	6 11	6 5	5 25	6 40		
21	Sa	Richard III. born, 1450	M	15	20	6 20	5 9	6 53	6 18	5 12	7 0	6 6	5 24	7 31		
(43.) 21st SUNDAY AFTER TRINITY. John 4. Day's Length, (Pitts.) 10 h. 52 m.																
22	S	Battle of Red Bank, 1777	Q	15	29	6 21	5 8	7 46	6 19	5 11	7 53	6 6	5 23	8 25		
23	Mo	A. H. Davenport d., 1873	Q	15	38	6 22	5 6	8 43	6 20	5 9	8 50	6 7	5 22	9 20		
24	Tu	Spain cedes Florida, 1820	Q	15	45	6 23	5 5	9 42	6 21	5 8	9 43	6 8	5 21	10 14		
25	We	Charles V. abdicates, 1555	Q	15	52	6 24	5 3	10 42	6 22	5 6	10 47	6 9	5 20	11 9		
26	Th	Rouen captured, 1562	Q	15	59	6 25	5 2	11 42	6 23	5 5	11 46	6 9	5 19	MOR		
27	Fri	Servetus burned, 1553	Q	16	4	6 26	5 0	MOR	6 24	5 4	MOR	6 10	5 18	0 4		
28	Sa	Tammany ring tried, '71	Q	16	9	6 28	4 59	0 42	6 25	5 2	0 45	6 11	5 17	0 57		
(44.) 22d SUNDAY AFTER TRINITY. Matt. 18. Day's Length, (Pitts.) 10 h. 34 m.																
29	S	Stokes sentenced, 1873	Q	16	13	6 29	4 58	1 41	6 27	5 1	1 43	6 12	5 16	1 50		
30	Mo	John Adams born, 1735	Q	16	16	6 30	4 57	2 40	6 28	4 59	2 41	6 12	5 15	2 43		
31	Tu	Cyclone in Bengal, 1777	Q	16	18	6 32	4 55	3 41	6 29	4 58	3 41	6 13	5 14	3 36		

A MAN "too busy" to take care of his health is like a workman too busy to sharpen his tools.

POUNDED glass mixed with dry corn meal, and placed within the reach of rats, it is said, will banish them from the premises.

STRENGTHEN AND QUIET THE NERVES.

NERVOUSNESS is no fit subject for mirth, though it is sometimes made so by the heartless and unthinking. It is a very real and grievous affliction. All the impressions that over-sensitive nerves receive are exaggerated. Upon the tympanum of a nervous subject the sportive cry of a child strikes like a deafening shout, and the rumbling of a passing vehicle like the roar of a park of artillery. That this should be so may strike some people as ludicrous, but to the person who experiences such overwrought sensations, their realization is no joke.

Undue mental strain, severe shocks, exposure, excessive labor, anxiety, any of these, when prolonged, may produce nervousness, but its parent is usually a general want of tone in the system, and its accompaniment a lack of vital power.

Hostetter's Stomach Bitters is a capital medicine for strengthening the nerves and tranquillizing them when overstrained. That it is so is chiefly

traceable to the fact that it is an invigorant of the entire physical structure, and the nerves, in common with other parts of the body, come within its vitalizing influence. It also acts as a sedative of the nervous system, and is greatly to be preferred to those opiates and narcotics which for the time being throw the brain into a state of semi-paralysis, and which, if resorted to persistently, soon cease to have any effect whatever. Such remedies, moreover, do irreparable injury to the thinking organ, and their frequent use is deprecated even by physicians who occasionally prescribe them in extreme cases.

Nervous people are very apt to suffer from indigestion, which shows how much the stomach has to do with the condition of the system. Upon this organ *Hostetter's Stomach Bitters* exerts a regulating and soothing influence, which speedily makes itself felt in a remarkable gain of gastric health and nerve quietude.

No two men take a thing just alike, and very few can sit down quietly, when they have lost in life's wrestle, and say: "Well, here I am, beaten, no doubt, this time; by my own fault, too. Now, take a good look at me, my good friends, as I know you all want to do, and say your say out, for I am getting up again directly, and having another turn at it."—THOMAS HUGHES.

THE RIGHT EXPRESSION.—It is said of Mrs. Siddons that one day, as she was driving through St. Giles, she saw two Irish women fighting. The tragedienne ordered her coachman to stop, much to the surprise of the lady who was her companion. Mrs. Siddons attentively watched the fight till its termination, when she told her servant to drive on. "You are astonished," she said to her friend, "at my stopping to witness a

street fight. But I have never been satisfied that I had exactly caught the true facial expression for Lady Macbeth when she talks of dashing out the brains of her child. One of those women struck me as having exactly the expression required, and I am determined to try it to-night, as I have to play the character." She did, and the effect electrified the town.

HENRY WARD BEECHER, in his famous speech at Manchester, England, in which he talked for an hour against a howling mob of rebel sympathizers before he gained their attention, was interrupted by a man in the audience, who shouted: "Why didn't you whip the Confederates in sixty days, as you said you would?" "Because," replied Beecher, "We found we had Americans to fight instead of Englishmen."

NOVEMBER

Days:		HISTORICAL EVENTS.	Moon's Con.	Sun	Sun	Sun	Moon	Sun	Sun	Moon	Sun	Sun	Moon
Month.	Week.			East.	rises.	sets.	rises.	rises.	sets.	rises.	rises.	sets.	rises.
				M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	We	Sherid'n com. general '83	UP	16 20	6 33	4 54	4 44	6 30	1 57	4 43	6 14	5 13	4 32
2	Th	Fremont removed, 1861	▷▷▷	16 21	6 34	4 53	5 47	6 31	4 56	5 45	6 15	5 12	5 29
3	Fr	L. Gaylord Clark d. 1873	▷▷▷	16 20	6 35	4 51	SETS	6 33	4 54	SETS	6 15	5 12	SETS
4	Fa	Guadaloupe discov., 1498	▷▷▷	16 20	6 36	4 50	5 29	6 34	4 53	5 36	6 16	5 11	6 6

(45.) 23d SUNDAY AFTER TRINITY.			Matt. 22.			Day's Length, (Fitts.) 10 h. 17 m.									
5	S	Grant re-elected 1872	m	16 18	6 38	4 49	6 20	6-55	4 52	6 27	6 17	5 5	10 9	6 59	
6	Mo	Revolt at Montreal, 1847		16 15	6 40	4 48	7 19	6 36	4 51	7 26	6 18	5 9	9 9	7 57	
7	Tu	1st newspaper print, 1663		16 12	6 41	4 47	8 20	6 37	4 50	8 31	6 18	5 9	9 9	8 5	
8	We	Slidell and Mason cap '61		16 8	6 42	4 45	9 35	6 39	4 49	9 40	6 19	5 8	10 8	9 5	
9	Th	Montreal taken, 1775		16 3	6 43	4 44	10 47	6 40	4 48	10 51	6 20	5 8	11 8	10 5	
10	Fri	Battle of St. Denis, 1567		15 57	6 44	4 43	11 59	6 41	4 47	MOR	6 21	5 7	MOR	10 18	
11	Sa	Martin Luther b., 1483		15 50	6 45	4 42	MOR	6 42	4 46	0 2	6 22	5 6	0 18	0 18	

(46.) 24th SUNDAY AFTER TRINITY.			Matt. 9.			Day's Length, (Pitts.) 10 h. 2 m.								
12	S	French sieze Vienna, '05	15	43	6 46	4 41	1 12	6 43	4 45	1 14	6 23	5 6	1 18	
13	Mo	Synod of Dortmet, 1618	15	34	6 48	4 40	2 25	6 45	4 45	2 25	6 23	5 6	2 22	
14	Tu	Herschel born, 1738	15	25	6 49	4 39	3 37	6 46	4 44	3 36	6 24	5 5	3 26	
15	We	Baring Bros. failed, 1890	15	15	6 50	4 39	4 49	6 47	4 43	4 47	6 25	5 4	4 31	
16	Th	Battle of Lutzen, 1632	15	4	6 52	4 38	6 1	6 48	4 42	5 47	6 26	5 4	5 37	
17	Fri	Suez Canal opened, 1869	14	53	6 53	3 37	RIS.	6 49	4 41	RIS.	6 27	5 3	RIS.	
18	Sa	Robin Hood died, 1247	14	40	6 54	4 36	5 32	6 51	4 41	5 39	6 28	5 3	6 11	

(47.) 25th SUNDAY AFTER TRINITY.				John 6.				Day's Length, (Fitts.) 9 h. 48 m.															
19	S	Good Hope doubled, 1497	8	14	27	6	55	4	35	6	28	6	52	4	40	6	35	6	28	5	3	7	6
20	Mo	Laharpe born, 1729	8	14	13	6	58	4	34	7	23	6	53	4	39	7	34	6	29	5	3	8	3
21	Tu	Berlin decree issued, '06	8	13	58	6	58	4	31	8	29	6	54	4	38	8	36	6	30	5	3	8	58
22	We	France an empire, 1852	8	13	42	6	59	4	33	9	30	6	55	4	38	9	35	6	31	5	3	9	54
23	Th	Elbridge Gerry d., 1814	8	13	26	7	0	4	33	10	30	6	57	4	37	10	33	6	32	5	3	10	48
24	Fri	Moland disinherited, 1702	8	13	8	7	1	4	32	11	29	6	58	4	37	11	31	6	33	5	3	11	40
25	Sa	Mrs. Partington d. 1890	8	12	50	7	3	4	31	12	09	6	59	4	36	12	08	6	33	5	3	12	00

(48.) 26th SUNDAY AFTER TRINITY.			John 6.			Day's Length, (Fitts.) 9 h. 36 m.																		
26	S	Marshal Soult died, 1857	Ω	12	31	7	4	4	31	0	28	7	7	0	4	36	0	29	6	34	5	1	0	83
27	Mo	Fanny Elssler died, 1884	Π	12	11	7	7	5	4	31	1	27	7	1	4	35	1	27	6	35	5	1	1	24
28	Tu	Baron Steuben died, 1794	Π	11	51	7	6	4	30	2	28	7	2	4	35	2	27	6	36	5	0	2	19	
29	We	Savannah taken, 1778	Π	11	30	7	7	4	30	3	31	7	3	4	34	3	29	6	37	5	0	3	15	
30	Th	Siege of Antwerp, 1832	⊥	11	8	7	8	4	29	4	36	7	4	4	34	4	33	6	38	5	0	4	14	

The nation's doom hangs on the babe
In that wee blanket curled,
And the hand that rocks the cradle
Is the hand that rules the world.



NOT AN ONION.

ERASTUS.—“I wants it eighteen onions fine.”

JEWELER.—“I presume you mean eighteen karats.”

ERASTUS.—“Das it, das it, sah. Eighteen karats. I knowed 'twar a vegetable.”

From THORNTON DRUG Co., Thornton, Ark.,
January 23, 1896:

We never fail to recommend your Hostetter's Stomach Bitters to dyspeptic patients. We find almost an infallible cure in them for same.

NAY, never falter; no great deed is done
By falterers, who ask for certainty.
No good is certain but the steadfast mind,
The undivided will to seek the good:
'Tis that compels the elements, and wrings
A human music from the indifferent air.
The greatest gift a hero leaves his race
Is to have been a hero. Say we fail!
We feed the high tradition of the world,
And leave our spirit in our children's
breasts. George Eliot.

IMPERVIOUS PAPER.—A saturated borax solution in which shellac has been dissolved by warming may be used, or 24 grams of

alum and 4 grams of white soap, dissolved in 32 grams of water, may be mixed with a solution of 6 grams of acacia, 6 grams of gelatine in 32 grams of water. The mixture warmed, and the paper impregnated and dried.

From J. L. GASKINS, Starke, Florida, April 17, 1896:

Have sold your Hostetter's Stomach Bitters many (25) years, and find them an excellent stomachic and tonic for weak and debilitated persons.

THERE is no morrow. Though before our face
The shadow named so stretches, we always
Fail to o'ertake it, hasten as we may;
God only gives one island inch of space
Betwixt the Eternities, as standing place
Where each may work—the inexorable
To-day. MARGARET J. PRESTON.

12th
Mon.31
Days

DECEMBER

MOON'S PHASES.				BOSTON.				PITTSBURGH.				NEW ORLEANS.			
				D.	H.	M.		D.	H.	M.		D.	H.	M.	
☾	NEW MOON,			2	8	3	Eve.	2	7	27	Eve.	2	6	47	Eve.
☾	FIRST QUARTER,			9	4	18	"	9	3	42	"	9	3	2	"
☾	FULL MOON,			16	8	47	"	16	8	11	"	16	7	31	"
☾	LAST QUARTER,			24	11	13	"	24	10	37	"	24	9	57	"

Month.	Days.	Week.	HISTORICAL EVENTS.	Moon's Con.	Sun Fast.	BOSTON.				PITTSBURGH.				NEW ORLEANS.			
						Sun rises.	Sun sets.	Moon rises.		Sun rises.	Sun sets.	Moon rises.		Sun rises.	Sun sets.	Moon rises.	
					M. S.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.	H. M.
1	Fri		Habeas Corpus restor. '65	☾	10 45	7 9	4 29	5 41		7 5	4 34	5 37		6 39	5 0	5 14	
2	Sa		Ferdinand I. abdicat. '48	☾	10 22	7 10	4 28	6 46		7 6	4 34	6 41		6 39	5 0	6 14	

(49.) 1st SUNDAY IN ADVENT.

Matt. 21.

Day's Length, (Pitts.) 9 h. 26 m.

3	S	Illinois admitted, 1818	☾	9 59	7 11	4 28	SETS	7 7	4 38	SETS	6 40	5 0	SETS				
4	Mo	French capt. Madrid, '08	☾	9 34	7 13	4 28	6 14	7 8	4 33	6 21	6 41	5 0	6 50				
5	Tu	Mozart died, 1791	☾	9 9	7 14	4 28	7 25	7 9	4 33	7 31	6 42	5 1	7 55				
6	We	Emp. William born, 1792	☾	8 44	7 15	4 28	8 38	7 10	4 33	8 43	6 43	5 1	9 2				
7	Th	Gen. Maceo killed, 1896	☾	8 18	7 16	4 28	9 51	7 11	4 33	9 54	6 43	5 1	10 7				
8	Fri	Ecumenical council, '69	☾	7 51	7 17	4 28	11 3	7 12	4 33	11 5	6 44	5 1	11 11				
9	Sa	Father Matthew d., 1858	☾	7 25	7 17	4 28	MOR	7 13	4 33	MOR	6 45	5 1	MOR				

(50.) 2d SUNDAY IN ADVENT.

Luke 21.

Day's Length, (Pitts.) 9 h. 19 m.

10	S	Death of Leopold I. 1865	☾	6 58	7 18	4 28	0 15	7 14	4 38	0 16	6 45	5 1	0 14				
11	Mo	Plague in London, 1625	☾	6 30	7 19	4 28	1 27	7 15	4 33	1 26	6 46	5 1	1 19				
12	Tu	Sir M. I. Brunel d. 1849	☾	6 2	7 20	4 28	2 38	7 15	4 33	2 36	6 47	5 2	2 23				
13	We	Earthq. at Tripoli, 1759	☾	5 33	7 21	4 28	3 48	7 16	4 34	3 45	6 47	5 2	3 26				
14	Th	Earthq. at Tripoli, 1759	☾	5 5	7 22	4 28	4 53	7 16	4 34	4 51	6 48	5 2	4 27				
15	Fri	Prince Albert d., 1861	☾	4 36	7 22	4 29	5 59	7 17	4 34	5 54	6 49	5 3	5 24				
16	Sa	A. Salvini died, 1896	☾	4 7	7 23	4 29	6 39	7 18	4 34	6 54	6 49	5 3	6 25				

(51.) 3d SUNDAY IN ADVENT.

Matt. 11.

Day's Length, (Pitts.) 9 h. 16 m.

17	S	Milan decree publish. '07	☾	3 37	7 24	4 29	RIS.	7 18	4 34	RIS.	6 50	5 3	REL.				
18	Mo	Humphrey Davy b., 1778	☾	3 8	7 25	4 29	6 15	7 19	4 35	6 21	6 50	5 4	6 47				
19	Tu	Henry II. crowned, 1154	☾	2 88	7 25	4 30	7 1	7 19	4 35	7 22	6 51	5 4	7 43				
20	We	Sherman in Savannah '64	☾	2 8	7 26	4 30	8 17	7 20	4 35	8 21	6 51	5 4	8 37				
21	Th	Shiks defeated, 1845	☾	1 39	7 26	4 31	9 17	7 21	4 36	9 20	6 52	5 5	9 31				
22	Fri	Embargo law passed, 1807	☾	1 9	7 27	4 31	10 16	7 21	4 36	10 18	6 52	5 5	10 24				
23	Sa	James II. abdicated, 1688	☾	0 39	7 27	4 32	11 15	7 22	4 37	11 16	6 53	5 6	11 15				

(52.) 4th SUNDAY IN ADVENT.

John 1.

Day's Length, (Pitts.) 9 h. 15 m.

24	S	Great snow in Eng., 1836	☾	0 9	7 27	4 32	MOR.	7 22	4 37	MOR.	6 53	5 7	MOR.				
25	Mo	Surrend. Hessians, 1776	☾	Slow	7 28	4 33	0 14	7 23	4 38	0 11	6 54	5 7	0 8				
26	Tu	Siege of Metz, 1552	☾	0 51	7 28	4 34	1 15	7 23	4 39	1 13	6 54	5 8	1 2				
27	We	John Kepler born, 1581	☾	1 21	7 29	4 34	2 18	7 23	4 39	2 15	6 54	5 8	1 59				
28	Th	T. B. Macaulay d., 1859	☾	1 50	7 29	4 35	3 22	7 24	4 40	3 18	6 55	5 9	2 57				
29	Fri	Stratford executed, 1680	☾	2 20	7 29	4 36	4 26	7 24	4 40	4 21	6 55	5 10	3 56				
30	Sa	The Monitor sunk, 1862	☾	2 49	7 29	4 36	5 30	7 24	4 41	5 25	6 55	5 10	4 57				

(53.) SUNDAY AFTER CHRISTMAS.

Matt. 1.

Day's Length, (Pitts.) 9 h. 13 m.

31	S	Bat. Murfreesboro, 1862	☾	3 18	7 30	4 37	6 30	7 24	4 42	6 25	6 56	5 11	5 57				
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PREVENT AND CURE RHEUMATISM.

THE stomach, when it becomes disordered, often evolves certain acids, which being absorbed by the circulation, cause rheumatism and gout. These agonizing complaints, to conquer which the prescribed remedies are frequently powerless, may be both counteracted and prevented with *Hostetter's Stomach Bitters*.

The acid poison, which is the source of the difficulty, being in the blood, the problem is, how to expel it. It is through the kidneys and the pores that such impurities must leave the system. Hostetter's Stomach Bitters stimulates the kidneys to increased activity, and by diffusing a genial warmth through the superficial circulation, opens the pores. Through both these channels the rheumatic virus passes off, and relief is obtained, which a persistent use of the Bitters renders permanent.

That inimitable blood depurent is

likewise the best possible preventive of the diseases mentioned, since it annihilates those acids in the stomach which give rise to them, and by regulating the gastric organs, prevents the development of such acids.

General nervous debility is a usual accompaniment of rheumatism and its kindred malady. For this the Bitters is an unequalled remedy.

Colchicum and other dangerous drugs are often professionally administered for rheumatism. Hostetter's Stomach Bitters is a safe substitute for such medicaments, and is far more certain to accomplish the object in view.

Persons who have a predisposition to rheumatic or neuralgic complaints, or who are subjected to much exposure in a humid atmosphere, should use the Bitters as a preventive. A recourse to it in the earlier stages of these disorders is also strongly to be recommended.

LIME WATER has a tendency to make children grow, and in countries where the drinking water is heavily impregnated with it, the men are apt to be tall. It is now used very extensively in the milk for children, but it should not be restricted to children. For a perfect sanitary diet, alkaline water is needed for every person who eats heavily of meat, and this means nearly everybody excepting the vegetarians.

NATURE takes the time when one is lying down to give the heart rest, and that organ consequently makes ten strokes less a minute than when one is in an upright posture. Multiply that by 60 minutes and it is 600 strokes. Therefore, in 8 hours spent in lying down the heart is saved nearly 5,000 strokes, and as the heart pumps 6 ounces of blood with each stroke; it lifts 30,000 ounces less of blood in a night of 8 hours spent in

bed than when one is in an upright position. As the blood flows so much more slowly through the veins when one is lying down, we must supply them with extra covering to provide the warmth usually furnished by circulation.

HYGIENE OF THE EYE.—When your eyes ache, close them for five minutes. When they burn, bathe them in water as hot as can be borne, with a dash of witch hazel in it. After weeping, bathe them in rose water, and lay a towel wet with rose water over them for five minutes. When they are bloodshot, sleep more. When the whites are yellow and the pupils dull, consult your doctor about your diet.

THE lamb and the lion may lie down together, but the lion will be the only one to get up.

THE WAY TO GAIN STAMINA.

THE weak and attenuated are naturally anxious to gain stamina, and frequently lavish unlimited cash uselessly in the effort to obtain it. The doctors can tell them what is the matter, viz.: that the blood is thin and watery in consequence of incomplete assimilation of the food, and is deficient in nourishing properties, but can they cure the difficulty? Salts of iron, quinine and strychnine—the latter, of course, in infinitesimal doses, as it is a deadly poison—figures conspicuously among the prescribed remedies. Do they answer the purpose? By no means. They stimulate the appetite, it is true, yet they do not promote digestion, but rather interfere with it by disordering the stomach. The last named is particularly objectionable, because it has a tendency to aggregate in the system, and produce hurtful and even dangerous after consequences. There is not the slightest exaggeration

about this; it is the unvarnished truth and nothing else.

The best way to gain stamina is to use *Hostetter's Stomach Bitters*, the purest, the most justly popular invigorant on the American Continent, and in combination with this benignant tonic and assistant of digestion and assimilation, to resort to a digestible diet, avoiding everything which, so far as known, is likely to impair the action of this ally of nature. The gain in strength under these circumstances will be rapid and uninterrupted, and if excess, hardship or protracted illness have tried the constitution, the inroads made upon it will be thoroughly repaired. Ladies in delicate health and feeble physique will find the Bitters of incalculable service, and may rely upon it as a thoroughly safe remedy, since it is composed of the purest and most wholesome botanic ingredients, possessing remedial virtues of great merit.

JUDGE THATCHER, who succeeded Mr. Quincy on the municipal bench of Boston, was a man of stern and unbending temper. One of his prisoners, in addressing the court previous to sentence, used the words "also" and "likewise" in a way which implied a difference of meaning. "Do you know any difference, prisoner, between the words 'also' and 'likewise?'" asked the judge. "Yes, your honor," replied the criminal, "Judge Quincy, your predecessor, was patient, kind, courteous and gentlemanly. You are a judge also, but not likewise."

ARGUE as we may, no form of exercise can equal walking, and he who would enjoy the greatest measure of health and longevity will cultivate the practice of walking from two to five miles daily, rain or shine, and will persevere in this practice with religious

pertinacity. It is a simple but most effective prescription for the preservation of health and attainment of longevity.

THE son of a Louisville physician recently went to California and engaged in the tombstone business. In a letter to his father he writes: "There are but four physicians here, and I think you would do well in San —. I know that with you nearer to me I would be more encouraged in my effort to build up a paying business."

TO THE majority of men popularity and prosperity, coming after years of struggle, bring with them one of two conditions, either or both fatal to health and longevity. Over indulgence or inactivity are the two fatal handmaids of prosperity; abstinence and activity are the two torch bearers of longevity.

RATIONAL REMEDY FOR CONSTIPATION.

EVERYBODY, we suppose, who is troubled with constipation, is anxious to get rid of that harassing complaint. The gentle way is the best. There is no such thing as forcing Nature. She must be assisted, coaxed. Unfortunately this fact is not sufficiently appreciated. If it were, drastic purgatives, which are among the most irrational of remedies, would not be so largely employed to overcome costiveness. But instead of accomplishing that desirable end, what do they do? They gripe the bowels, convulse the stomach, and operate so violently as to leave the intestines weakened, irritated and incapable of efficiently resuming its wonted function, so that it again becomes costive. Thus they perpetuate the very evil they were taken to cure. Yet thousands keep their bowels alternately costive and lax, from one year's

end to another, with rubbish of this sort, usually in the form of pills.

Hostetter's Stomach Bitters is a RATIONAL REMEDY for constipation, since it acts gently, produces agreeable, not painful sensations, is followed by no weakening reaction, invigorates the bowels, and tends to make the habit of body permanently regular.

As the bowels are the chief outlet of the system, its main sewage pipe, as it were, it is of the last importance that they should be kept unobstructed. Otherwise the stomach becomes disordered, the bile is regurgitated into the blood, and the various symptoms of derangement of the liver and of dyspepsia exhibit themselves. All of these accompaniments of constipation are remedied by the Bitters, which gives a healthful impetus to the various operations of digestion, assimilation and secretion.

AN anecdote is told of a man who in his time was a British cabinet minister. There was a great discussion on the question whether a man can marry on three hundred a year. "All I can say," said the great man, "is that when I said, 'With all my worldly goods I thee endow,' so far from having three hundred pounds, I question whether, when all my debts were paid, I had three hundred pence." "Yes, my love," said his wife, "but then you had your splendid intellect." "I didn't endow you with that, ma'am," sharply retorted the right honorable husband.

PECULIARITIES.—"Every man," said Mark Lemon one evening at his club, "has his peculiarities, though I think I am as free from them as most men, at any rate I don't know what they are." Nobody contradicts the editor of *Punch*, but after a while Albert Smith asked: "What hand do you shave

with, uncle?" "With my right hand," replied Lemon. "Ah," returned the other, "that's your peculiarity; most people shave with a razor."

LEVER, the novelist, noticing that the hand of a woman who was bringing him some tea at a small country hotel shook tremulously, kindly said to her, "I am sorry to see, Biddy, that you have a weakness in your hand." "Oh, your honor," she replied, with a glance of indescribable humor, "the weakness is not in my hand, but inside the taypot!"

"THERE is nothing, my friend, for the health like gymnastics. They augment a man's strength and lengthen his days." "But our ancestors didn't go in for gymnastics." "Our ancestors. Of course they didn't. And where are they now? All dead."

LOSS OF SLEEP.

THIS is an evil fraught with the utmost danger, as, if prolonged, it must either overthrow the reason or produce apoplexy. The most prolific causes of it are chronic indigestion and nervous weakness, which, by the way, are usually dependent upon each other, but it may be caused by strong emotion or intense mental application.

The surest way to overcome it is to regulate the digestive organs and strengthen the nervous system with that most salutary tonic nervine, *Hostetter's Stomach Bitters*. Narcotics and mineral sedatives should be avoided as much as possible, because although they may relieve sleeplessness for a time, injure the brain and the stomach, and soon cease to produce any other than an ill effect. When sleeplessness arises from dyspepsia, as it almost invariably does, it is manifest folly to administer either of these medicines, since they ut-

terly fail to reach the source of the evil. The reason why dyspeptic people are so apt to be sleepless is, that the brain and stomach are very closely allied, being connected together by the sympathetic nerve, so that any irritation in the gastric receptacle is communicated like lightning to the focus of the nervous system, the chief seat of sensation, producing there a kindred disturbance, which gives the cerebral tissues no rest until the source of the difficulty, the stomach, be pacified. Hostetter's Stomach Bitters is admirably calculated to restore brain quietude, and afford natural undisturbed repose, because it insures that perfect, orderly discharge of the digestive and assimilative functions which is the best guaranty of a tranquil condition of the nervous system. Use it, wakeful invalids, and you will sleep the sleep that brings health and vigor in its train.

ONE day a minister called on Horace Greeley to get a subscription to a temperance society. Greeley paid little attention to him. The minister kept insisting that he would speak to him. Finding the usual way fruitless, he said in a somewhat loud tone: "Mr. Greeley, I want to get a subscription from you for this society to prevent people from going to hell." "Clear out," said Greeley, "I will not give you a cent. There are not half enough people going to hell now."

DANIEL WEBSTER was once sued by his meat man. He did not call upon Webster afterward to trade with him. Webster met him in the course of a few days and asked him why he didn't call. "Because," said the man, "I supposed you would be offended and wouldn't trade with me any more;" to which Webster replied, "Oh, sue me as many times as you like, but for heaven's sake don't starve me to death."

POLISHING NICKEL PLATE.—To brighten and polish nickel plating and prevent rust, apply rouge with a little fresh lard or lard oil, on a wash leather or piece of buckskin. Rub the bright parts, using as little of the rouge and oil as possible, and wipe off with a clean rag slightly oiled. Repeat the wiping every day, and the polishing as often as needed.

RHEUMATISM.—"I never had any thing the matter with me in my life except rheumatism," writes Chauncey M. Depew, "and I can bring that on any time by working too hard. You needn't have rheumatism, though, if you eat and drink right. Don't eat what you like, and what you want to drink let alone, and you'll never have it."

It is always well, before beginning an attack on a man, to map out your line of retreat.



"ON SAFER GROUND."

FIRST DOCTOR.—"I ordered him an ice-cold bath every morning."

SECOND DOCTOR.—"What, when he had influenza?"

FIRST DOCTOR.—"Yes. It will give him pneumonia, and I make my whole reputation curing that!"

From G. A. RIEMCKE, Muscatine, Iowa,
March 14, 1896:

I take this occasion to again thank you for your valued Almanacs; there is no doubt they do increase the sale of the old reliable Hostetter's Stomach Bitters, when carefully distributed, which we at all times endeavor to do.

MEN of great capacity sometimes have very little capacity for making a living.

THERE are many ways to convince a man, but the easiest is to agree with him.

JOE being rather remiss in his Sunday school lesson, the teacher remarked that he hadn't a very good memory. "No, ma'am," he said, hesitatingly, "but I've got a first-rate forgettery."

THIS life is oft perplexing,
'Tis much the wisest plan
To bear all trials bravely,
And smile whene'er we can.

From O. B. HARRIMAN, M. D., Harriman's
Hall, Iowa, March 14, 1896:

I have been in the drug business most of the time since 1866. Of all the different "bitters" I carried then and since, all have "dropped out" except Hostetter's Stomach Bitters, which still sell.

PLENTY of good drinking water is very important in making a cow do her best work; cows require nearly five times as much water as they give milk; we can lower their yield by cutting down their supply of drink. There never was a good milker that was not a big drinker.

REPAIRING THE HUMAN MANSION.

OUR human edifice, like other tenements, is very apt to get out of repair. When it falls into a ramshackling condition, there is no use trying to patch it up here and there. Piecemeal work don't answer. Thorough renovation is what it needs. *Hostetter's Stomach Bitters* is the article to put it in good shape again. A shaky physique may infallibly be strengthened with that grand restorative. Every nerve, muscle and fibre in the human body is invigorated by its use. It renders digestion perfect, overcomes organic irregularities, improves the appetite, promotes sound repose, banishes the "blues," and establishes a regular habit of body.

Nervous, dyspeptic and attenuated invalids have no occasion to despair of health. What though they have tried the resources of the pharmacopeia in vain, and have uselessly invested their cash in nostrums of an inferior proprie-

tary order, the Bitters has endowed with health many a feeble sufferer whom other remedies have failed to relieve.

It is well, when it becomes apparent that the vital power is prematurely on the wane, which is indicated by such symptoms as loss of flesh and appetite, a bloodless appearance of the skin, languor, feebleness, inelasticity of the muscles, and a wan, haggard look, to resort at once to the Bitters. Too many delay medication until the foundations of the constitution are completely sapped, and the recuperative power irretrievably lost.

The effects of the great vivifying cordial upon the feeble are evidenced in a return of color to the cheek and activity to the limbs; the body gains substance, the step becomes firmer, the mind grows cheerful, and the face acquires a more animated expression. Feeling and appearance both indicate a return of the twin blessings, health and vigor.

The right to live for those we love;
The right to die that love to prove;
The right to brighten earthly homes
With pleasant smiles and gentle tones?

Are these thy rights? Then use them well;
Thy silent influence none can tell.
If these are thine, why ask for more?
Thou hast enough to answer for.

PROOF GALLONS VS. WINE GALLONS.—To convert "proof gallons" into "wine gallons," divide the number of proof gallons by the per cent. proof, the quotient will be the number of wine gallons. Assuming the per cent. proof in a problem to be 95, then 70.8 proof gallons will equal $74.52 \div$ wine gallons. The relation between corresponding weights and volumes of mixtures of alcohol and water have all been determined by experi-

ment, and tables are in use which give for alcohol of a given specific gravity of 80° F. the corresponding percentage by volume, and percentage of proof spirits contained.

LORD WOLSELEY was once on a tour of inspection in the north of Ireland, and visited the garrison schools. A little girl said to him, "Do you know everyfink?" and in an unguarded moment, the soldier said "Yes." "Then can you tell me where yesterday is gone, and where to-morrow comes from?" Lord Wolseley was obliged to admit that he did not know. "Not know!" said the child, "then you don't know everyfink, and my daddie do."

SOME people grow better looking as you know them better, and some grow homelier.

PROTECTION FROM MALARIA.

THAT Hostetter's Stomach Bitters both protects and rescues the system from malaria, is the experience and testimony of thousands in fever-stricken portions of North and South America, Mexico and other countries. Wherever chills and fevers, bilious remittents, and other types of disease bred by miasmatic air and water exist, and the medicine has been given a fair trial, it has demonstrated its power to remedy and ward off such scourges. There seems to be something about it peculiarly antagonistic to this class of maladies. Certain it is, that the Bitters speedily mitigates the violence of the attacks, and ultimately prevents their return.

Vast fertile tracts of country in the West and South-West are visited, as is well known, by heavy freshets, and when the waters recede from the saturated soil, and pools are left by the retiring flood, there goes up a vapor laden with disease, which impregnates

the air for many miles around. In such regions Hostetter's Stomach Bitters is justly regarded in the light of an indispensable safeguard, and have supplanted in great measure that detestable drug, the sulphate of quinine, formerly the chief resource of the inhabitants when attacked by fever and ague. Physicians have, in a host of instances prescribed the Bitters in preference to the official remedies, in such regions, and the local press has teemed with voluntary testimonials to its astonishing efficacy.

Emigrants to the new States should take a hint from the foregoing, and provide themselves with a stock of this health-preserving elixir, since in regions newly cleared of timber, in mining localities, and along low-lying river bottoms, diseases of a malarial type and disorders of the stomach and bowels, caused by miasma-tainted water, complaints for which the Bitters is a sterling specific, are very apt to prevail.

AN INCH OF RAIN—The owner of a fine farm may look out over at least 100 acres of his own land, after a long drouth, and see mild and steady rain watering his fields for two or three hours, he is hardly aware that the inch of rain which has fallen has deposited no less than 100 tons of water on every acre, or over 130 cubic yards on an acre over the whole of his land. The 100 acres visible to him have received in that mild manner over 10,000 tons of rain water, while he was watching the watering of the parched earth.

HOW NEWSPAPER PICTURES CAN BE TRANSFERRED.—Prepare a liquid by dissolving $1\frac{1}{2}$ drachms common yellow soap in 1 pint of hot water, adding, when nearly cold, $3\frac{1}{4}$ fluid ounces spirits turpentine, and shaking thoroughly together. This fluid is applied

liberally to the surface of the printed matter with a soft brush or sponge (being careful not to smear the ink, which soon becomes softened) and allowed to soak for a few minutes; then well damp the plain paper on which the transfer is to be made, place it upon the engraving, and subject the whole to moderate pressure for about one minute. On separating them a reversed transfer will be found on the paper.

The most satisfactory method of watering plants, and ferns in particular, is to put the pots in a pail of water; do not remove until all bubbling ceases, as then one can be certain that the water has well soaked through the mould. This should be done about twice a week in the winter. The water ought not to be used quite cold from the tap, but should be lukewarm.

GROWING OLD TOO SOON.

IN this busy land of ours, where the battle of life is fiercely waged, where all is bustle and commotion, where everybody works and holidays are rarer than in any country under the sun, toil and business cares and anxieties wear away many a life prematurely, and turn many a head gray before its time. Old young men are as common among us—though by no means as lively or as attractive—as butterflies in June, and “a short life” and a BUSY, not a “merry” one, would seem to be the governing maxim of thousands who grind out their lives in pursuing the almighty dollar, early and late.

When the constitution is prematurely broken and the system devitalized, the question naturally suggests itself to the invalid, Can I recover my lost health and strength, and if so, how? We answer, Yes, if you will comply with the

following conditions: Apply yourself less closely to business, abandon it altogether for a time if your case is a bad one; at all events take needful rest, stop bolting your meals as you have been in the habit of doing, in your haste to return to the desk, and last, but not least, begin a systematic course of *Hostetter's Stomach Bitters*, a peerless recuperant of exhausted physical energy, and a prime restorative of digestion, sleep and appetite. When a broken down system is subjected to the action of this restorative, its wasted store of vitality is soon replenished. The food is once more thoroughly assimilated, the blood grows rich, and nourishing every requirement of the system, appetite returns, with the ability to satisfy it without incurring dyspeptic pangs, and sleep revisits the weary brain. Health, in a word, is reestablished on a permanent basis.

POSTAGE 100 YEARS AGO.—From an almanac published in 1799 we copy: The postage on a single letter to or from any place, by land, not exceeding

30 miles,.....	6 cts.	From 200 to 250, 17 c.
From 30 to 60, 8		“ 250 to 350, 20
“ 60 to 100, 10		“ 350 to 450, 22
“ 100 to 150, 12½		More than 450, 25
“ 150 to 200, 15		

Newspapers, 1 cent 100 miles or less, and 1½ cents for greater distance.

THE weight of different kinds of wood is exceedingly variable. White pine is the lightest of the common wood, a cubic foot of it weighing 34 pounds; willow wood weighs 36, red pine 37, yellow pine 38, pitch pine 43, poplar 46, hickory 52, logwood 57, mahogany 66, live oak 67, lignum vitæ, the heaviest of all, weighs 83 pounds to the cubic foot. A block of lignum vitæ thrown into the water will sink like a stone.

PROBABLY no two artists ever criticised each other more severely than did Fuseli and Northcote, yet they remained fast friends. At one time Fuseli was looking at Northcote's painting of the angel meeting Balaam and his ass. “How do you like it,” asked Northcote. “Northcote,” replied Fuseli, promptly, “you're an angel at an ass, but an ass at an angel.”

DROPS.—Dr. Elder, in the following table, gives the number of drops required to make a cubic centimetre, showing the variations in the size of the drops of different liquids: Water 20, hydrochloric acid 20, nitric acid 27, sulphuric acid 28, acetic acid 38, castor oil 44, olive oil 47, oil of turpentine 55, alcohol 62, ether 83.

LOD PALMERSTON ascribed his youthfulness to the fact that he never took any work to bed with him.



SATISFACTORY INFORMATION.

THE CITY SPORTSMAN.—“I say, my good man, have you any game here?”

PROPRIETOR.—“Certainly. We play poker almost every night!”

IN certain men digestion and sex absorb the vital force, and the stronger these are the individual is so much weaker. The more of these drones perish the better for the hive.—*Emerson.*

MILTON says “circumstances have rarely favored famous men. They have fought their way to triumph through all opposing obstacles.”

BONES buried near grape vines will be found encircled with roots, from which they draw the phosphates and lime. They thus consume the entire piece.

A LITTLE powdered borax added to the cold starch tends to give the linen extra stiffness, and a little turpentine put into the boiled starch adds lustre.

THE man who sits down to wait for a golden opportunity to knock at his door will need a thick cushion on his chair.

God and the doctor we alike adore
When on the brink of danger, not before;
The danger past, both are alike required;
God is forgotten and the doctor slighted.

EACH Scotchman pays on account of spirits 17s. 6d. to the revenue as compared with the Englishman's 8s. 11d., while the latter pays 5s. 9d. for his beer as compared with the Scotchman's 1s. 9d. The total contribution for alcoholic liquors per head of population is: Scotland, 19s. 9d.; England, 15s. 4d.; Ireland, 13s. 9d.

EXERCISE will do for the body what intellectual training will do for the mind—educate and strengthen it.

ANY man who does not take time to exercise will probably have to take time to be ill.

THE fashionable tailor has discovered that his customers live in the land of promise.

A SEARCHING SPECIFIC.

HOSTETTER'S STOMACH BITTERS should not be mistaken for a palliative of disease, a medicine which affords merely temporary relief. It is a searching specific, striking at the very root of the maladies to which it is adapted, and removing them utterly. Medicines which address themselves to symptoms only are entirely powerless to confer any permanent good upon the sick, and sensible people, therefore, discard them altogether as soon as their inefficiency has been discovered.

But it must not be supposed that a few doses of the Bitters will conquer a complaint of long standing. They must be used regularly and continually until the non-return of the symptoms evidences the departure of the malady. Recourse should also be had to them in the earliest stages of the disorder, as a cure is greatly facilitated thereby. Disease is a formidable antagonist when it has enthroned itself in the system, and

though it may be finally dislodged, yet in the interim the sick person suffers all the misery that it can give, and endures all the agonies of doubt as to whether he shall recover. It is, therefore, highly important that this monster should be strangled in its infancy. Give it a quietus with *Hostetter's Stomach Bitters* ere it be full grown.

Reference has been made in the pages of this Almanac to the protection afforded by Hostetter's Stomach Bitters to persons subjected to the influence of miasma. Its preventive efficacy is by no means restricted to diseases of a malarial type. It may be said with truth to fortify the system against every form of disease, since it gives impetus to the action of those organs whose operations are most essential to health, and whose activity is its surest guaranty.

In fact no medicine that ever became popular among the American people ever possessed stronger claims upon both their respect and gratitude.

MUCILAGE.—Allow 1 part of white glue (or gelatine) and two parts of gum arabic to swell in 10 parts of water; then dissolve, after adding one-fourth part white sugar, at a gentle heat, and strain, if necessary. To prevent spoiling, add a few drops of carbolic acid or oil of cloves.

TIGHT BANDS.—It matters not whether it be the collar, the waist band or the garter, all constricting bands are injurious; anything that compresses the blood vessels, and interferes with the free circulation of the blood, should not be tolerated.

THE total population of the earth is estimated at about 1,200,000,000 souls, of whom 32,214,000 die annually—that is an average of

98,848 a day, 4,020 an hour, and 67 a minute. The annual number of births, on the other hand, is estimated at 38,792,000—an average of 100,800 a day, 4,200 an hour and 70 every minute.

KEROSENE is an excellent cleansing agent in the washing of windows. Into a basin put two tablespoonfuls of kerosene and two of water; dip into this a small, soft cloth, wring out and wash both sash and glass of window. Rub dry with tissue paper.

PAINT MARKS ON WOOD.—These are often most unsightly, and people endure them unwillingly, little thinking they can very easily be removed. Make a thick paste of lime and soda, and spread it over the marks. Leave for 24 hours, and then wash off.

FACTS AND A QUERY

FOR THE PUBLIC.

IF *Hostetter's Stomach Bitters* was not a genuine remedy for the diseases to which it is adapted, and an invigorant of perfect reliability, would it not long ago have been relegated to the limbo of rejected nostrums by the judgment of the American people? Undoubtedly. Instead of this, however, it struck deep root in the public confidence soon after its introduction, nearly fifty years ago, and is to-day the most popular tonic and alterative on the Continent.

Would physicians of probity and distinction endorse and prescribe it, if it were not really meritorious? Certainly not; for there is no professional class more jealous of its reputation, or more chary of according unwarranted praise. The testimonials from the profession, in part printed in this Almanac, in its successive issues, for more than thirty-five years, would fill a volume with unsolicited and cordial endorsement.

The home and foreign press would scarcely have expressed such unqualified belief in its efficacy were not those respectable bodies fully persuaded of the reality of its claim.

Twelve millions of copies of this Almanac are annually printed and gratuitously distributed. The expense of this single item is enormous, but it is a trifle compared with the cost of preparing and putting up the Bitters, and shipping it throughout America and to foreign countries. What inference is to be drawn from this? The very simple and conclusive one, that its sale far more than warranted these expenses.

The widest publicity has been given to certificates, with name and address attached, of persons who have been cured by *Hostetter's Stomach Bitters*. Has the authenticity of any of these testimonials ever been questioned? Never.

Would the counterfeiters, who have so frequently striven to palm off spurious imitations of the great tonic, have thus exerted their nefarious ingenuity, if the article had not been widely popular. The known shrewdness of such scamps forbids such a supposition.

Now we ask the public, in view of these facts, if we are not warranted in asserting, and they in believing, that

HOSTETTER'S STOMACH BITTERS

Is in every way worthy of the preëminence it occupies among the medicinal staples of the present day.

Hostetter's Business Almanac for 1899.

1899	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	1899	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	1899	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jan.	1	2	3	4	5	6	7	May	..	1	2	3	4	5	6	Sept.	..	..	..	..	..	1	2
	8	9	10	11	12	13	14		7	8	9	10	11	12	13		3	4	5	6	7	8	9
	15	16	17	18	19	20	21		14	15	16	17	18	19	20		10	11	12	13	14	15	16
	22	23	24	25	26	27	28		21	22	23	24	25	26	27		17	18	19	20	21	22	23
Feb.	29	30	31	..	..	..	..	June	28	29	30	31	..	..	..		24	25	26	27	28	29	30
	..	..	..	1	2	3	4		..	..	..	..	1	2	3	Oct.	..	..	..	..	..	..	..
	5	6	7	8	9	10	11		4	5	6	7	8	9	10		1	2	3	4	5	6	7
	12	13	14	15	16	17	18		11	12	13	14	15	16	17		8	9	10	11	12	13	14
	19	20	21	22	23	24	25		18	19	20	21	22	23	24		15	16	17	18	19	20	21
Mar.	26	27	28	..	..	..	..	July	25	26	27	28	29	30	..		22	23	24	25	26	27	28
	..	..	..	1	2	3	4		..	..	..	..	..	..	1		29	30	31	..	..	..	..
	5	6	7	8	9	10	11		2	3	4	5	6	7	8	Nov.	..	..	..	1	2	3	4
	12	13	14	15	16	17	18		9	10	11	12	13	14	15		5	6	7	8	9	10	11
	19	20	21	22	23	24	25		16	17	18	19	20	21	22		12	13	14	15	16	17	18
April	26	27	28	29	30	31	..	Aug.	23	24	25	26	27	28	29		19	20	21	22	23	24	25
	..	..	..	..	..	..	1		30	31	..	..	..	..	..		26	27	28	29	30	..	..
	2	3	4	5	6	7	8		..	..	1	2	3	4	5	Dec.	..	..	..	..	..	1	2
	9	10	11	12	13	14	15		6	7	8	9	10	11	12		3	4	5	6	7	8	9
	16	17	18	19	20	21	22		13	14	15	16	17	18	19		10	11	12	13	14	15	16
	23	24	25	26	27	28	29		20	21	22	23	24	25	26		17	18	19	20	21	22	23
	30	..	..	..	..	..	..		27	28	29	30	31	..	..		24	25	26	27	28	29	30
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D. H. MUDGETT,
DEXTER, MAINE,

DEALER IN

Hostetter's Celebrated Stomach Bitters

DRUGS, MEDICINES, CHEMICALS.

Fine Toilet Soaps, Brushes, Combs, Etc.

PERFUMERY AND FANCY TOILET ARTICLES

IN GREAT VARIETY.

..... PHYSICIANS' PRESCRIPTIONS ACCURATELY COMPOUNDED